



JABEZ'S PRAYER

BREAKING FREE FROM PAIN

1 CHRONICLES 4:9-10

Elder Stephen Choy
14 July 2024

1 CHRONICLES 4:9-10 (NASB)

Jabez was more honourable than his brothers, and his mother named him Jabez, saying, “Because I gave birth *to him* in pain.”



1 CHRONICLES 4:9-10 (NASB)

10 Now Jabez called on the God of Israel, saying, “Oh that You would greatly bless me and extend my border, and that Your hand might be with me, and that You would keep *me* from harm so that *it* would not hurt me!” And God brought about what he requested.



FOUR POINTS:

1) Pains of growing up

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- 1) Pains of growing up**
- 2) Fortification of the mind**
- 3) Breakthrough starts with a decision**
- 4) My story**

1) PAINS OF GROWING UP

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a) Jabez's mother

1) PAINS OF GROWING UP

b) Meaning of Jabez in Hebrew

1) PAINS OF GROWING UP

c) Jabez's pains

1) PAINS OF GROWING UP

**d) Our experiences in
our growing up years
determine our current
make-up**

2) FORTIFICATION OF THE MIND

2 CORINTHIANS 10:3-5 (NASB)

**³ For though we walk in the flesh,
we do not wage battle according to
the flesh, ⁴ for the weapons of our
warfare are not of the flesh, but
divinely powerful for the
destruction of fortresses.**



2 CORINTHIANS 10:3-5 (NASB)

⁵ *We are* destroying arguments and all arrogance raised against the knowledge of God, and *we are* taking every thought captive to the obedience of Christ,



The background of the image is a dark, textured surface resembling wood or stone, with vertical lines and some lighter patches. The text is centered in the middle of the image.

3) BREAKTHROUGH STARTS WITH A DECISION

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**a) Jabez overcame
the fortification of his mind**

1 CHRONICLES 4:10 (NASB)

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4) MY STORY

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a) My first breakthrough – Conversion

4) MY STORY

b) The second breakthrough

4) MY STORY

c) The third breakthrough

HEBREWS 12:26-29 (NASBV)

**And His voice shook the earth then,
but now He has promised, saying,
“YET ONCE MORE I WILL SHAKE NOT
ONLY THE EARTH, BUT ALSO THE HEAVEN.”**



HEBREWS 12:26-29 (NASBV)

27 This *expression*, “Yet once more,” denotes the removing of those things which can be shaken, as of created things, so that those things which cannot be shaken may remain.



HEBREWS 12:26-29 (NASBV)

28 Therefore, since we receive
a kingdom which cannot be shaken,
let us show gratitude, by which
we may offer to God an acceptable
service with reverence and awe;
29 for our God is a consuming fire.



CONCLUSION