CELL MEETING GUIDE (PRAYER FOCUS) 8 MAY TO 14 MAY 2023

FOCUS: PRAYING FOR FAMILY RELATIONSHIPS AND RECONCILIATION

A. PRAISE AND WORSHIP (10-15MIN)

- Suggestion: 2-3 songs
- Refer to the "Worship" page for song list and guitar chords

B. PRAY IN TONGUES (3-5MIN)

- After praying in tongues, share any downloads received
- Up to cell/prayer leader to decide on the duration to pray in tongues

C. PRAYER GUIDE (50MIN)

1. Your Family (15min)

Share (8min):

- Paul said to the Philippians "I thank my God every time I remember you" (Phil 1:3). What do you thank God for about your family as well? Share 1-2 thanksgiving areas.

Pray (7min):

- In pairs, pray and thank God for every one of our family members. Bless them individually.

- Pray for the salvation of our unsaved loved ones too.

Numbers 6:24-26 – "The Lord bless you and keep you; the Lord make His face shine on you and be gracious to you; the Lord turn His face toward you and give you peace."

Acts 16:31 - And they (Paul and Silas) said (to the jailer), "Believe in the Lord Jesus, and you will be saved, you and your household."

2. Reconciliation in Families (15min)

Reflect and meditate on these verses, where the first few verses relate to God's design and heart for marriages and families (5min):

- Hebrews 13:4 - Let marriage be held in honor among all, and let the marriage bed be undefiled, for God will judge the sexually immoral and adulterous.

- Ephesians 5:25 - Husbands, love your wives, as Christ loved the church and gave Himself up for her.

- Colossians 3:18-19 - Wives, submit to your husbands, as is fitting in the Lord. Husbands, love your wives, and do not be harsh with them.

- Ephesians 6:1-4 - Children, obey your parents in the Lord, for this is right. "Honor your father and mother"—which is the first commandment with a promise— "so that it may go well with you and that you may enjoy long life on the earth." Fathers, do not exasperate your children; instead, bring them up in the training and instruction of the Lord.

- 1 Peter 4:8 - Above all, keep loving one another earnestly, since love covers a multitude of sins.

- Psalm 103: 13-14 - As a father has compassion on His children, so the Lord has compassion on those who fear Him; for He knows how we are formed, He remembers that we are dust.

    - Even though family relationships may be disappointing at times, the bible contains instructions on how God wants us to love and honour one another in our family relationships.
    - Are there broken relationships in your family or families that you know of (broken marriages, separations, estranged parent-child relationships, affected sibling relationships etc)?
    - It can be hard and painful to confront deep heart issues with family members especially when certain faults are repeated over time, and when loved ones have let us down. But God understands our struggles. He has compassion on us and will journey with us through victoriously.

Pray for (10min):
- Conviction of hearts towards sin that hurts God's heart and design for marriages and families and causes hurt to one another.
- Forgiveness of wrongs in our families and how we treat one another.
- Honour, submission, and God's love in our family and families that we know of.
- Reconciliation in family relationships (Specifically, broken marriages) to be made possible through Jesus' work on the cross.
- Healing of broken relationships with family members & reconciliation with God.

3. Battle with Loneliness (10min)

Psalms 68:6 – God places the lonely in families; He sets the prisoners free and gives them joy.

1 John 3:1a – See how very much our Father loves us, for He calls us His children, and that is what we are!

Ephesians 1:5 – God decided in advance to adopt us into His own family by bringing us to Himself through Jesus Christ. This is what He wanted to do, and it gave Him great pleasure.

Pray for:
- Those experiencing loneliness or the lack of family/close family relationships in Singapore to encounter deep security and love in God and His family.
- The love and provision of families for all, including for children/youths in dysfunctional homes.
- Stronger family relationships at home.

4. Families in Troubled Nations (10min)
- (https://en.wikipedia.org/wiki/2022%E2%80%93present_Ukrainian_refugee_crisis) 2022–present Ukrainian refugee crisis: "Over 8.1 million refugees fleeing Ukraine have been recorded across Europe, while an estimated 8 million others had been displaced within the country by late May 2022. Approximately one-quarter of the country's total population had left their homes in Ukraine by 20 March."

- (https://www.bbc.com/news/world-asia-63623904) Myanmar: "Bo Kyar Yine joined the armed resistance after a military coup ousted Myanmar's democratically elected government in February 2021 - the brutal civil war that followed has split his family. He is now fighting against a military junta his son defends."

Pray for:
- Families affected by wars, violence, divisions, persecutions, poverty, displacement, calamities etc (Eg. Myanmar, Ukraine, Sudan, Syria, Somalia, Afghanistan etc)
- Peace and the assurance of God's loving protection and presence with them, that they will encounter Him.
- God's deliverance and righteousness to arise in conflict-stricken nations.

Romans 8:35, 37-39 –
35 Can anything ever separate us from Christ's love? Does it mean He no longer loves us if we have trouble or calamity, or are persecuted, or hungry, or destitute, or in

danger, or threatened with death? [37] No, despite all these things, overwhelming victory is ours through Christ, who loved us. [38] And I am convinced that nothing can ever separate us from God's love. Neither death nor life, neither angels nor demons, neither our fears for today nor our worries about tomorrow—not even the powers of hell can separate us from God's love. [39] No power in the sky above or in the earth below—indeed, nothing in all creation will ever be able to separate us from the love of God that is revealed in Christ Jesus our Lord.

Close in a prayer of blessing for all families and one another.

Thank you Cell/Prayer Leaders for facilitating!

ANNOUNCEMENTS



Please refer to the bulletin for more announcements.