

更丰盛生命的秘诀

Secret to Life More Abundantly

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圣殿福音教会
2023年11月5日

回顾：耶稣要人得更丰盛的生命

约翰福音 10:10b（耶稣说：）……我来了，是要羊（人）得生命，并且得的**更丰盛**。

John 10:10 (Jesus said) I have come that they may have life, and that they may have it **more abundantly**.



约翰福音 10:10a **盗贼来，无非要偷窃、杀害、毁坏**

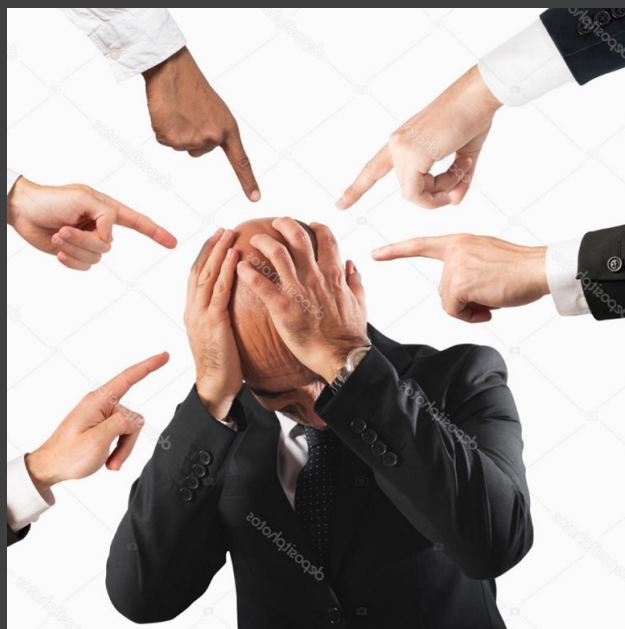
The devil comes to steal & destroy

• **魔鬼的诡计** Evil scheme of the devil:

a. 撒谎欺骗，迷惑世人犯罪 Liar

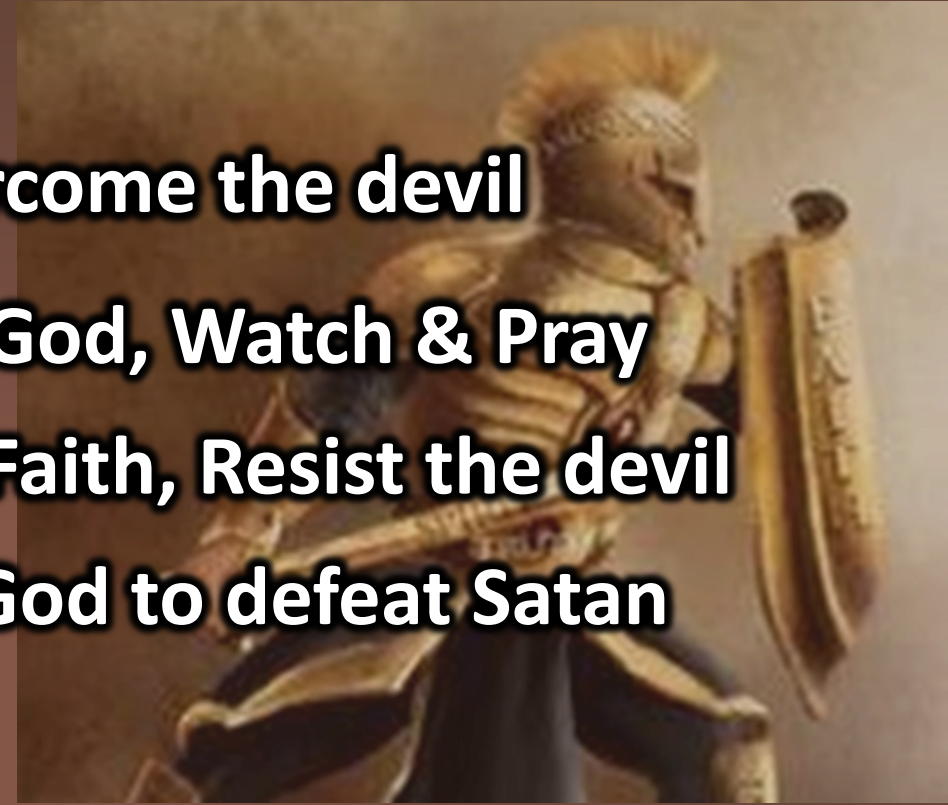
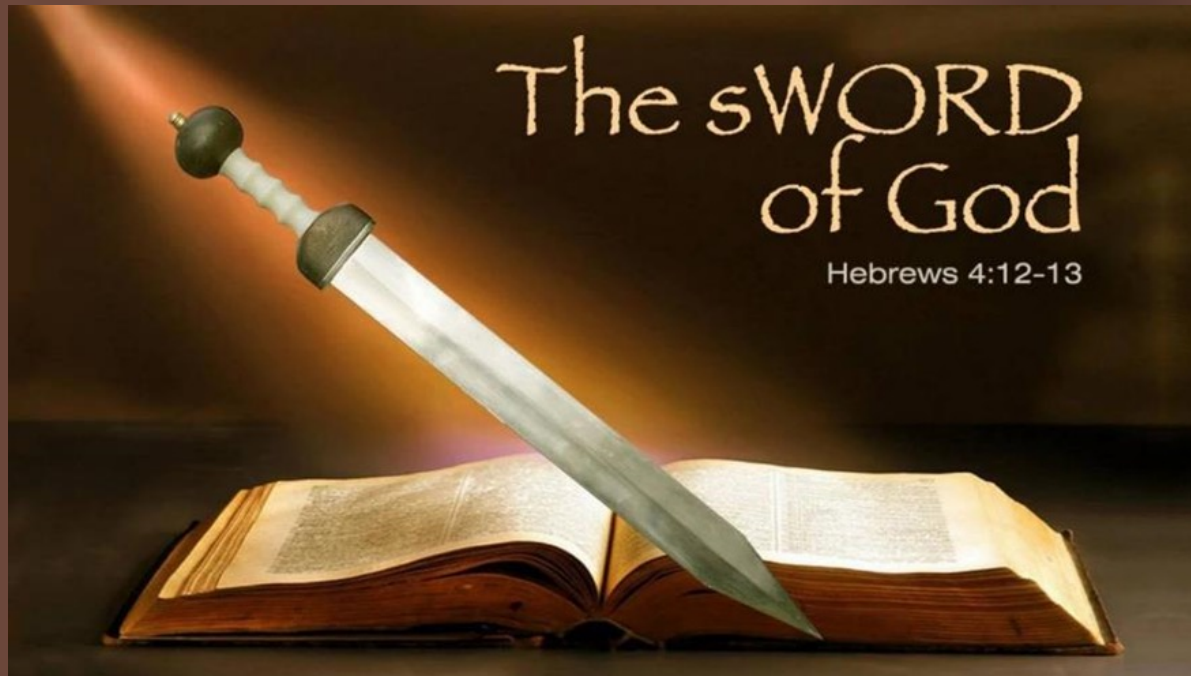
b. 控告信徒，动摇摧毁信心 Accuser

c. 杀人凶手，偷窃毁坏生命 murderer



抵挡魔鬼, 战胜仇敌 Resist & Overcome the devil

- 全副军装, 警醒祷告 Full armor of God, Watch & Pray
- 坚固信心, 抵挡魔鬼 Stand firm in Faith, Resist the devil
- 神的话语, 打败仇敌 Use Word of God to defeat Satan



引言

- 发生不幸的事件，如意外，病痛，抢劫，失业等，你还能享受喜乐平安和丰盛的生命吗？ Are you still able to have joy & peace if something bad happens?



引言：更丰盛的生命 Lifef more Abundantly

更丰盛的生命是一个：

- 常常喜乐的生命 Life always Rejoicing
- 大有平安的生命 Life full of Peace
- 富足有余的生命 Life more than Enough

引言：更丰盛生命的应许 Promise of Abundant Life

- 林后 9:11 你们必**凡事富足**，能多多施舍，使人藉着我们而生感谢上帝的心。
- 2 Corinthians 9:11 You will be enriched in everything for all liberality, which through us is producing thanksgiving to God.

引言：更丰盛生命的应许 Promise of Abundant Life

- 以弗所书 3:20 上帝的能力运行在我们里面，能够**丰丰富富**地成就一切，超过我们所求所想的。(CCB)
- Ephesians 3:20 Now to Him who is able to do **exceedingly abundantly** above all that we ask or think, according to the power that works in us (NKJ)

引言：更丰盛生命的应许 Promise of Abundant Life

• 例子：保罗在监狱里还是有平安喜乐（腓立比书）



引言：更丰盛生命的应许 Promise of Abundant Life

- 丰盛的生命不是没有病痛，困难和问题；不是没有困苦贫穷和灾难。
- 当面对这些艰难的情况时，仍然有喜乐平安，仍然可以得着祝福，苦难是不能夺走的。
- But able to remain joyful & peaceful that cannot be taken away despite difficult situations

信息大纲：更丰盛生命的秘诀

Secret to Life More Abundantly

1. 常常喜乐的生命 A Life of Rejoicing
2. 大有平安的安稳 Assurance of supernatural peace

1. 常常喜乐的生命 A Life of Rejoicing

- 腓立比书 4:4,10a 你们要**靠主常常喜乐**。我再说，你们要喜乐。¹⁰ 我**靠主大大喜乐**。
- Philippians 4:4 Rejoice in the Lord always; again I will say, rejoice. ¹⁰ But I rejoiced in the Lord greatly...



1. 常常喜乐的生命 A Life of Rejoicing

- 更丰盛的生命是一个常常喜乐的生命
- 常常喜乐的秘诀：知足常乐，凡事谢恩
- Secret to a Life of Rejoicing: Contentment & ThanksGiving

1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- 腓立比书 4:11 我并不是因缺乏而说这话，因为我已经学会无论在什么景况**都可以知足。**
- Philippians 4:11 Not that I speak from need, for I have learned to be content in whatever circumstances I am.



1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- 腓立比书 4:12 我知道怎样处卑贱，也知道怎样处丰富；或饱足或饥饿，或有余或缺乏，任何事情，任何景况，我都得了**秘诀**。
- Philippians 4:12 I know how to get along with little, and I also know how to live in prosperity; in any and every circumstance I have learned the secret of being filled and going hungry, both of having abundance and suffering need. (NASB)

1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- **常常喜乐的秘诀** Secret of Joy: **凡事谢恩** Thanksgiving
- 帖前 5:16-18 要常常喜乐，不住地祷告，凡事谢恩，因为这是上帝在基督耶稣里向你们所定的旨意。
- 1 Thessalonians 5:16-18 Rejoice always, **pray without ceasing, in everything give thanks**; for this is the will of God for you in Christ Jesus. (NASB)

1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- 腓立比书 4:13 我靠着那加给我力量的，凡事都能做。
- Philippians 4:13 I can do all things through Him who
- 当祷告敬拜时，发生大地震，牢门全开了.....



1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- 保罗喜乐的秘诀：知足感恩
- 知足：没有埋怨，保持乐观
Contentment: No grumbling, be positive
- 感恩：改变消极，积极看待
Thanksgiving: change -ve to +ve



1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- 当不好的事情发生，必须改变我们的思想和态度，从负面转变为正面，从消极转变为积极。 Change our attitude from negative to positive when bad things happen.
- 你的看法决定你的态度 Perspective determine yr Attitude



1. 常常喜乐的秘诀：知足常乐，

- 见证：发现健康问题，旅行取消

Be thankful · Be grateful



凡事谢恩

Mission Medical Clinic Pte Ltd
799 Singapore 530356
4525

Subject: Medica Report

Dear sir/mdm,

Re: Lim Foong Ling.

1. The above mentioned saw me for pneumonia today.
2. As such, she is not able to fly for the next 1 month.
3. Please facilitate her cancellation or postponement of her overseas trip.
4. God bless and warmest regards.

Dr Leong Choon Kit
Family Physician
4th Sep 2023

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1. 常常喜乐的秘诀：知足常乐，凡事谢恩

- 我的生命，我的梦已经破碎了，还能够补救吗？

My life & dream have been shattered, can it be remedied?



上帝能够改变你的生命！ 打造一个全新的你！



Kintsugi Art

2. 大有平安的安稳 Assurance of supernatural peace

- 更丰盛的生命是大有平安的安稳
- 大有平安的秘诀：凡事交托，信心祈求上帝
- Secret to Peace: Commit all things to God, asking in Faith

2. 大有平安的安稳：凡事交托，信心祈求

- 诗篇 29:10-11 耶和华坐在洪水之上为王；耶和华坐着为王，直到永远。耶和华必赐力量给他的百姓，耶和华必赐**平安的福**给他的百姓。
- Psalm 29:10-11 The Lord sat as King at the flood; Yes, the Lord sits as King forever. ¹¹ The Lord will give strength to His people; The Lord will bless His people with peace.

2. 大有平安的安稳：凡事交托，信心祈求

- 诗篇 4:7-8 你使我心里喜乐，胜过那丰收五谷新酒的人。⁸ 我必**平安**地躺下睡觉，因为独有你——耶和华使我**安然居住**。
- Psalm 4:7-8 You have put joy in my heart, More than when their grain and new wine are abundant.
⁸ In peace I will both lie down and sleep, For You alone, Lord, have me dwell in safety.



2. 大有平安的安稳：凡事交托，信心祈求

- 诗篇 23:4 我纵使走过死亡的幽谷，也不怕遭害，因为你与我同在，你的杖和竿带给我安慰。
- Psalm 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil; For You are with me; Your rod and Your staff, they comfort me.



2. 大有平安的安稳：凡事交托，信心祈求

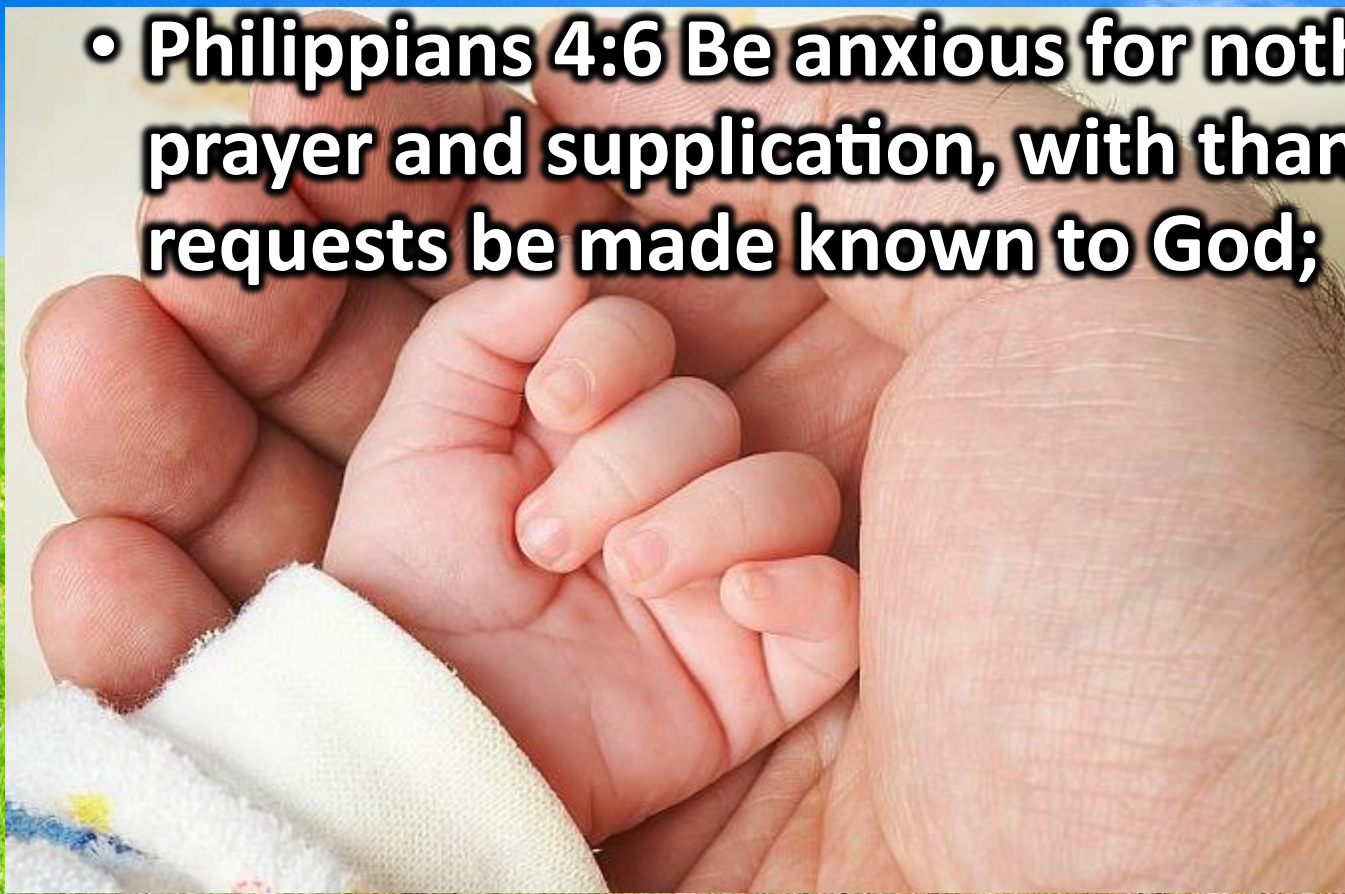
- 诗篇 23:5 在我敌人面前你为我摆设宴席，又用膏油浇我的头，使我**恩福满溢**。
- Psalm 23:5 You prepare a table before me in the presence of my enemies; You anoint my head with oil; My cup runs over. (NKJ)



2. 大有平安的安稳：凡事交托，信心祈求

- **秘诀：**腓立比书 4:6 应当**一无挂虑**，只要凡事藉着**祷告、祈求和感谢**，将你们所要的**告诉上帝**。

- Philippians 4:6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;



上帝的平安：超越人所能了解的平安

- 腓立比书 4:7 上帝所赐那超越人所能了解的平安，必在基督耶稣里，保守你们的心怀意念。
- Philippians 4:7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. (NKJ)



2. 大有平安的安稳：凡事交托，信心祈求

- 必须认识祈求交托的对象：全能信实慈爱的上帝
- 最重要：信心，完完全全的相信
- 诗篇 119:165 喜爱你律法的人大有平安，任何事都不能使他们跌倒。
- Psalm 119:165 Those who love Your Law have great peace, And nothing causes them to stumble.

2. 大有平安的安稳：凡事交托，信心祈求

- 我女儿信心之旅
- 路加福音 9:2-3 (耶稣)差遣他们宣讲神的国，医治病人，³对他们说：“途中什么都不要带；不要带手杖和行囊，不要带食物和银钱，也不要带两件内衣...”



信心之旅



- 旅费的供应
- 住宿的供应
- 神迹和医治
- 平安和喜乐



更丰盛生命的秘诀 Secret to Life more Abundantly

1. 常常喜乐的生命：凡事感恩，知足常乐

A Life of Rejoicing: Contentment & Thanksgiving

2. 大有平安的安稳：凡事交托，信心祈求

Assurance of Peace: Commit all things to God in Faith

总结

- 主耶稣所赐更丰盛的生命是：
 - 常常喜乐的生命 A Life of Rejoicing
 - 大有平安的安稳 Assurance of Supernatural Peace
 - 富足有余的丰盛 Overflowing Abundance

总结

- **更丰盛生命的秘诀** Secrets to a More Abundant Life:
 - **知足常乐, 凡事谢恩** Contentment & Thanksgiving
 - **信心祈求, 凡事交托** Commit all things to God in Faith

总结

• **一切的丰盛都在基督耶稣里** All abundance is in Christ
歌罗西书 2:9-10 因为上帝本性一切的丰盛都有形有体
地居住在基督里面；你们在他里面也已经成为丰盛。

Colossians 2:9-10 For in Him dwells all
the fullness of the Godhead bodily;
and you are complete in Him, who is
the head of all principality and power.

总结

- 必须到主耶稣那里，真正的认识祂，才能得到这更丰盛的生命 Come to Jesus & know Him truly
- 把你的劳苦重担，担心忧虑，伤心痛苦全交托给主耶稣；领受主所赐的平安喜乐丰盛的生命

Cast all yr burdens, worries & pains to Jesus; and receive the peace & joy of abundant life

上帝能够改变你的生命！ 打造一个全新的你！

- 腓立比书 4:13 我靠着那加给我力量的，凡事都能做。
- Philippians 4:13 I can do all things through Him who strengthens me.

