

PEACE

THAT SURPASSES ALL UNDERSTANDING

PHILIPPIANS 4:4-9

DSP Melvin Gan
1 December 2024

Philippians 4:4-9 (NKJV)

4 Rejoice in the Lord always. Again I will say, rejoice! 5 Let your gentleness be known to all men. The Lord is at hand. 6 Be anxious for nothing, but in everything by prayer and supplication, with thanksgiving, let your requests be made known to God;

Philippians 4:4-9 (NKJV)

7 and the peace of God, which surpasses all understanding, will guard your hearts and minds through Christ Jesus. Meditate on These Things

Philippians 4:4-9 (NKJV)

8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

Philippians 4:4-9 (NKJV)

9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

The background of the slide is a photograph of a sunset or sunrise over a mountain range. The sun is low on the horizon, creating a warm orange and yellow glow that transitions into a cooler blue and purple sky. The mountains are silhouetted against the bright light of the sun. A large, bold, dark blue number '1.' is centered in the upper half of the image.

1.

**What is this Peace
that Surpasses all Understanding?**

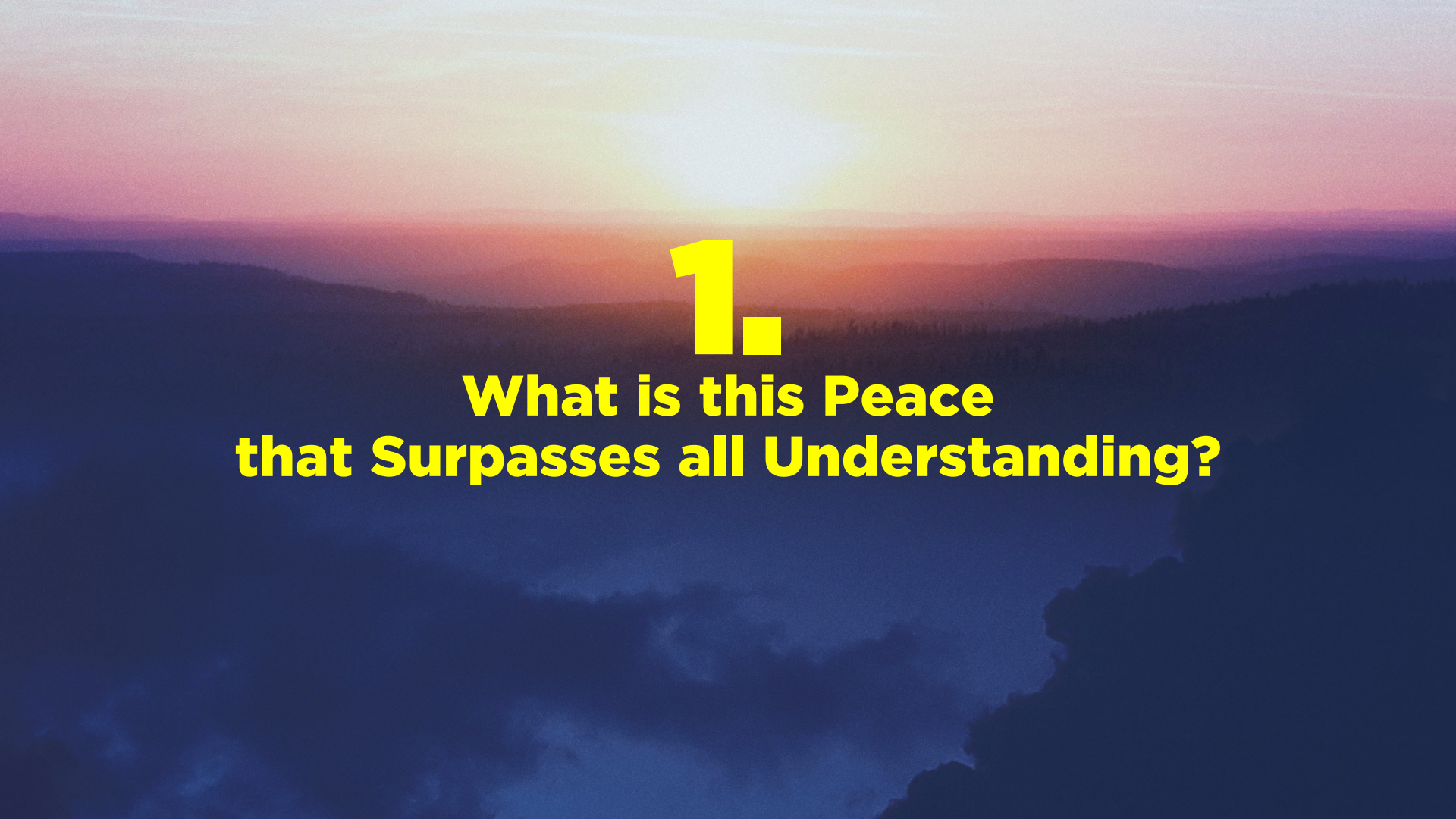
ROADMAP



2.

**How to receive this Peace
that Surpasses all Understanding?**

ROADMAP

A serene landscape featuring a sunset or sunrise over a mountain range. The sky is a gradient of colors, from deep blue at the bottom to bright yellow and orange near the horizon. The mountains are silhouetted against the bright light. A large, bold, yellow number '1' is centered in the upper half of the image.

1.

**What is this Peace
that Surpasses all Understanding?**

**1.
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that Surpasses all Understanding?**

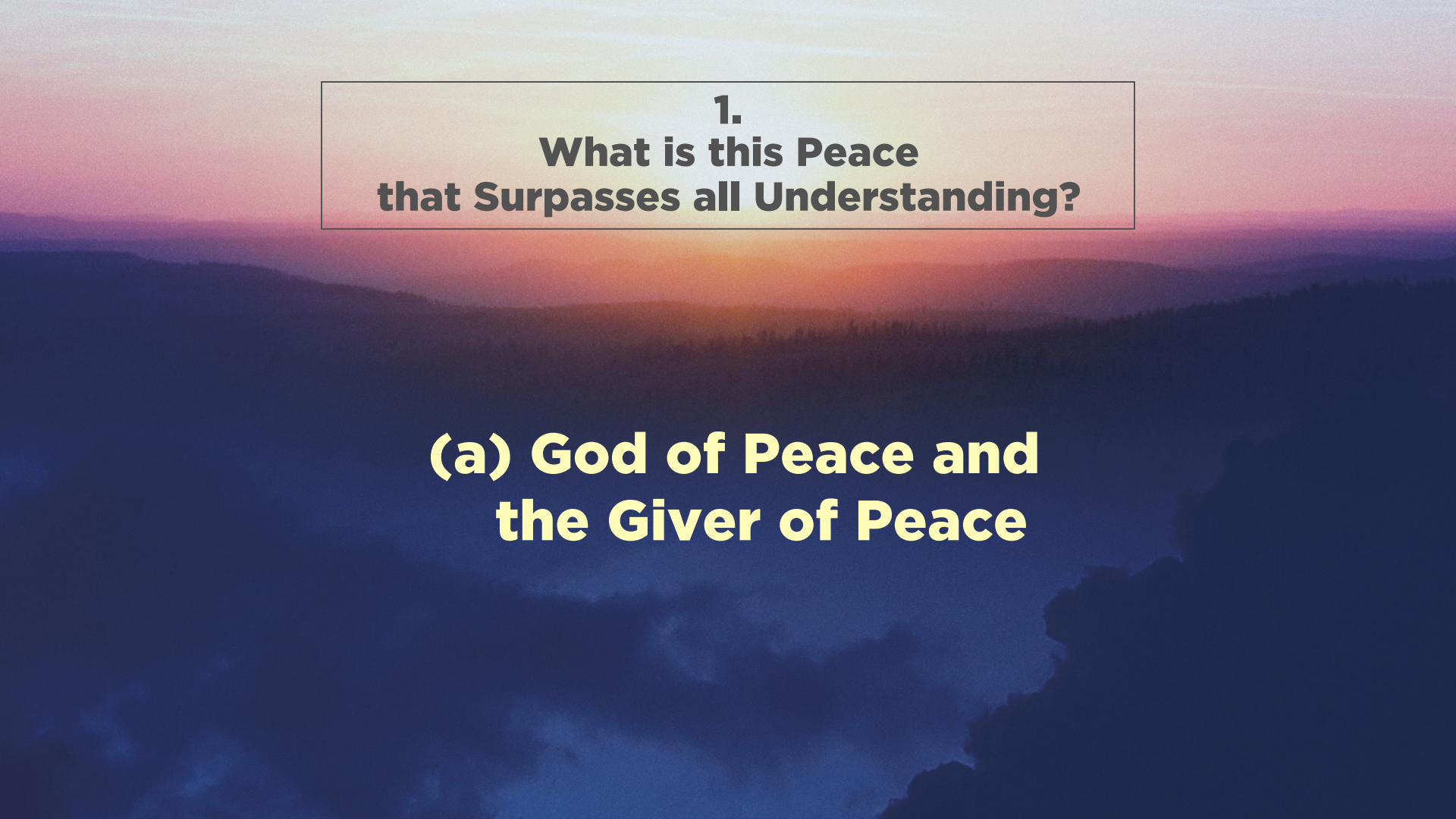
**“A sense of tranquillity and a state
whereby we are not disturbed, whether
physically or emotionally.”**

Philippians 4:7 (NKJV)

7 and the **peace of God, which surpasses all understanding,** will guard your hearts and minds through Christ Jesus.

Philippians 4:7 (AMPC)

7 And God's peace [shall be yours, that tranquil state of a soul assured of its salvation through Christ, and so fearing nothing from God and being content with its earthly lot of whatever sort that is, that peace] which transcends all understanding shall garrison and mount guard over your hearts and minds in Christ Jesus.



**1.
What is this Peace
that Surpasses all Understanding?**

**(a) God of Peace and
the Giver of Peace**

1 Corinthians 14:33 (NIV)

**33 For God is not a God of disorder
but of peace.**

Isaiah 9:6 (NIV)

6 For to us a child is born (Jesus), to us a son is given, and the government will be on His shoulders. And He will be called Wonderful Counselor, Mighty God, Everlasting Father, Prince of Peace.

Psalm 29:11 (NIV)

**11 The Lord gives strength to His people;
the Lord blesses His people with peace.**

John 14:27a (NIV)

27 Peace I (Jesus) leave with you;
My peace I give you.

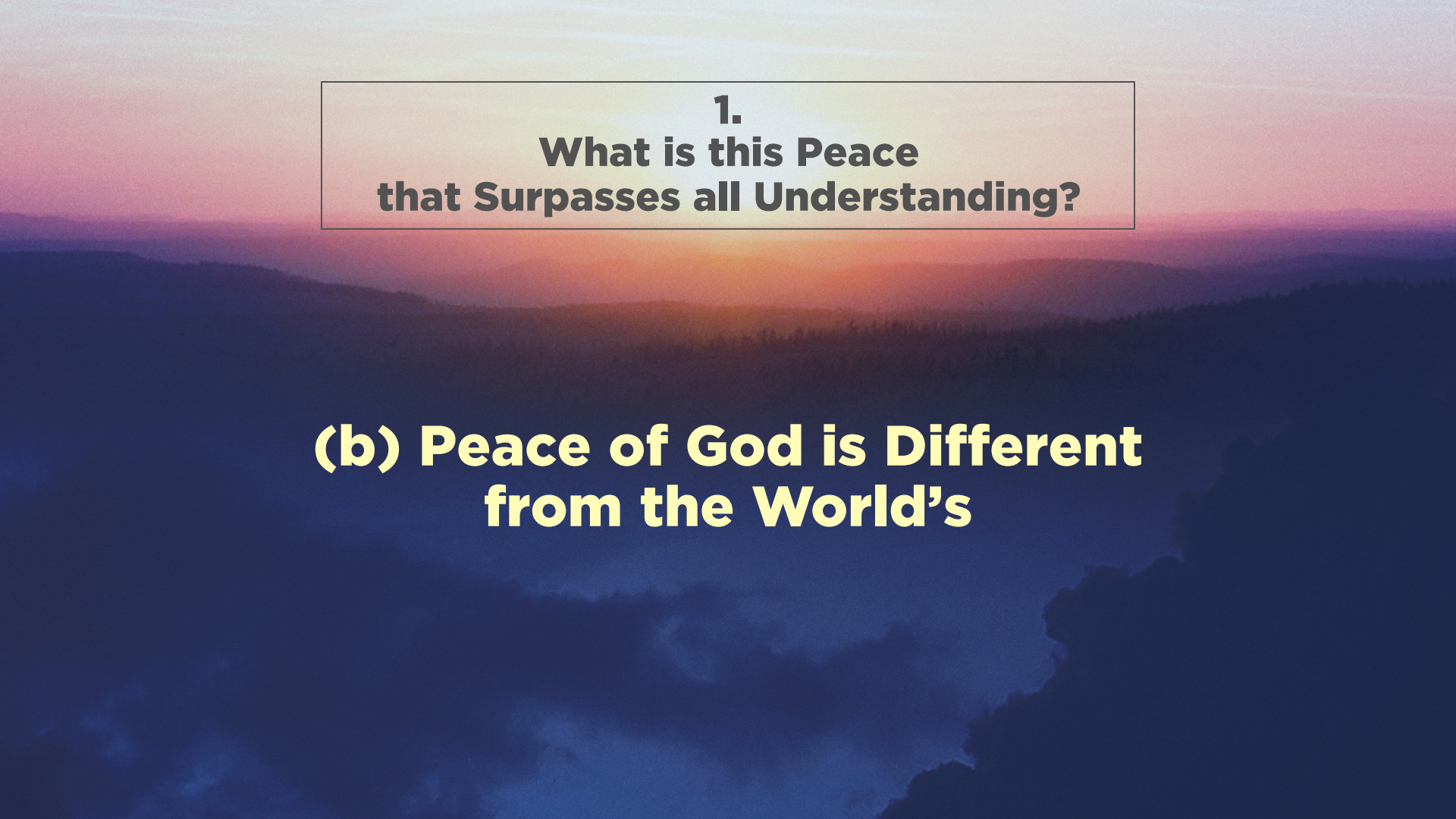
Numbers 6:24-26 (NIV)

24 The Lord bless you and keep you;
25 the Lord make His face shine on you and
be gracious to you; **26** the Lord turn His
face toward you and **give you peace.**

**1.
What is this Peace
that Surpasses all Understanding?**

(a) God of Peace and the Giver of Peace

**This is an important thing for us to
internalise: our God is the God of peace
and He wants to give us this peace.**

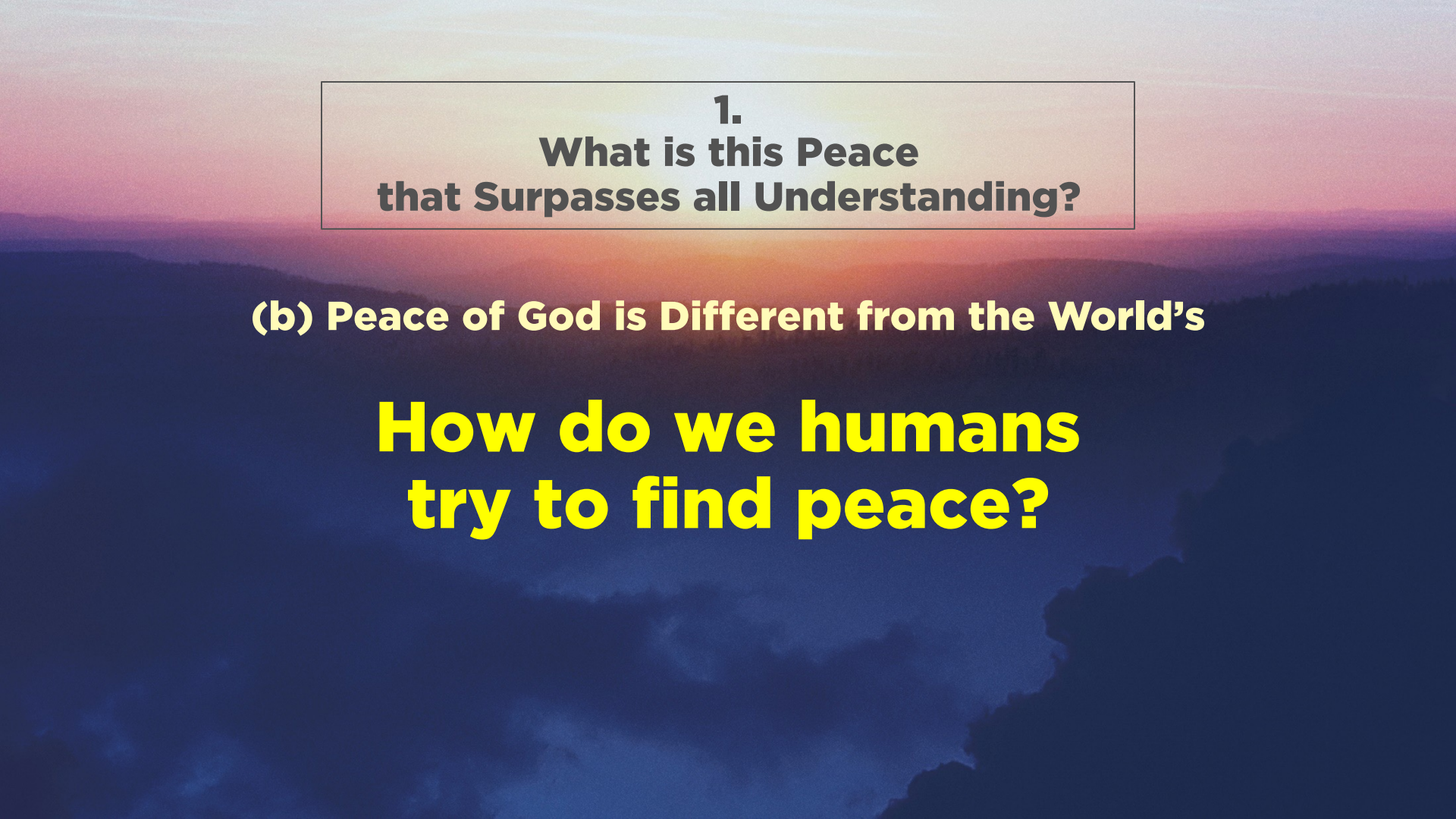


**1.
What is this Peace
that Surpasses all Understanding?**

**(b) Peace of God is Different
from the World's**

John 14:27 (NIV)

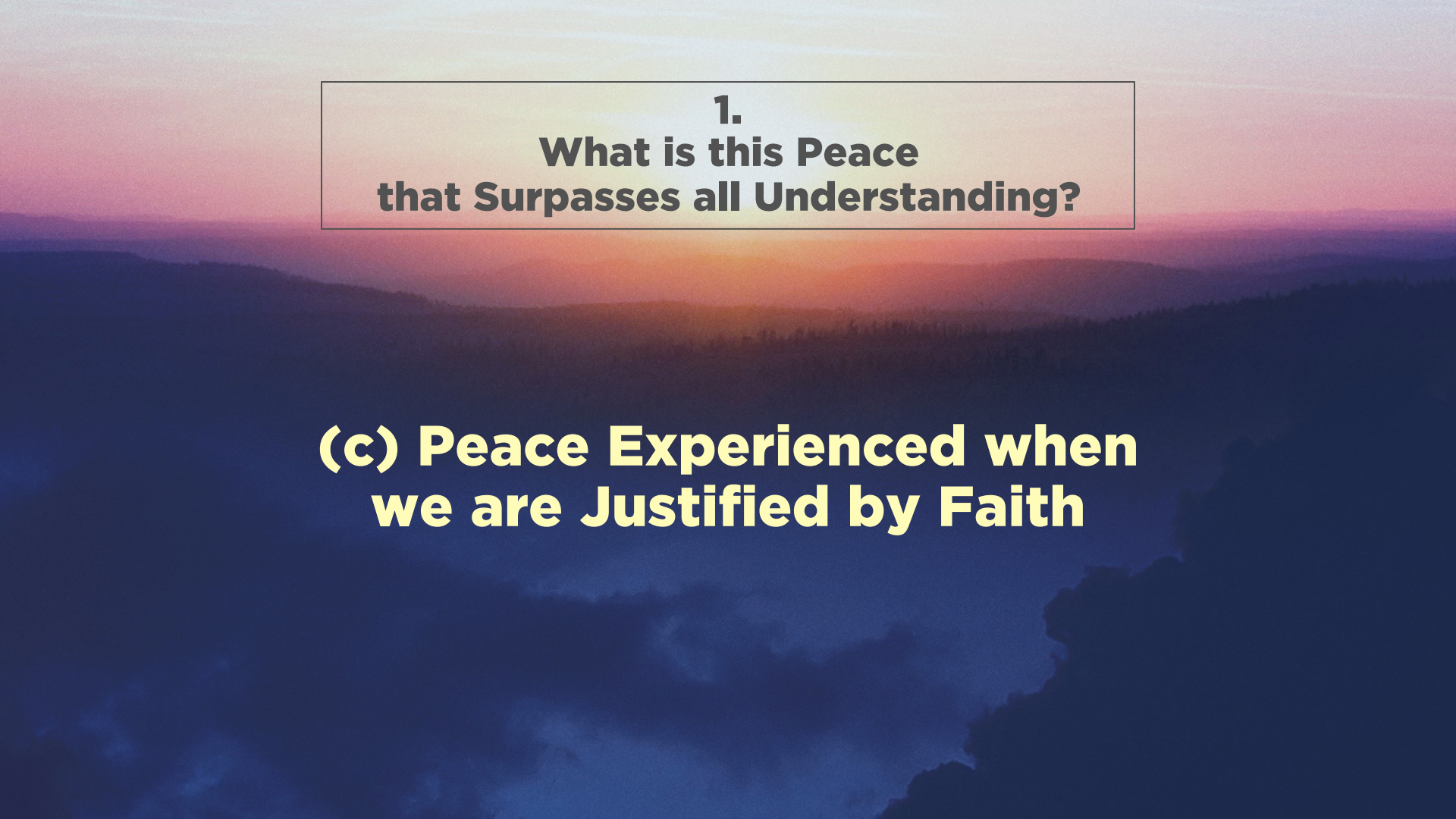
27 Peace I leave with you; My peace I give you. **I do not give to you as the world gives.**
Do not let your hearts be troubled and do not be afraid.



**1.
What is this Peace
that Surpasses all Understanding?**

(b) Peace of God is Different from the World's

**How do we humans
try to find peace?**



**1.
What is this Peace
that Surpasses all Understanding?**

**(c) Peace Experienced when
we are Justified by Faith**

**1.
What is this Peace
that Surpasses all Understanding?**

(c) Peace Experienced when we are Justified by Faith

**Philippians 4:6 (NKJV)
“anxious for nothing”**

**1.
What is this Peace
that Surpasses all Understanding?**

(c) Peace Experienced when we are Justified by Faith

**One of the things that we can be
anxious about is our eternal future.**

Romans 5:1-2 (NKJV)

¹ Therefore, having been justified by faith, we have peace with God through our Lord Jesus Christ, ² through whom also we have access by faith into this grace in which we stand, and rejoice in the hope of the glory of God”.

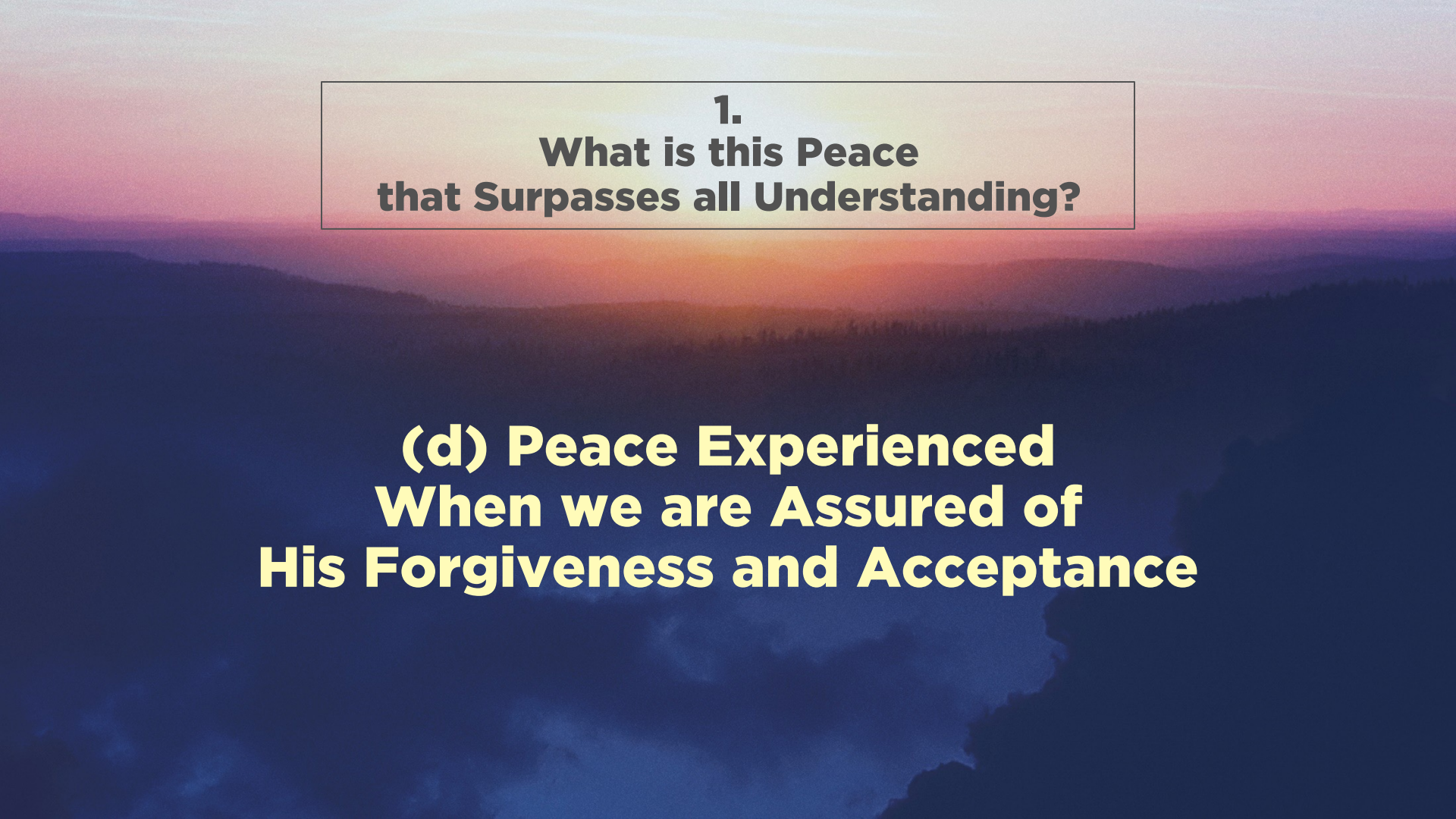
Ephesians 2:8 (NIV)

8 For it is by grace through faith you have been saved, through faith – and this is not from yourselves, it is the gift of God.

**1.
What is this Peace
that Surpasses all Understanding?**

(c) Peace Experienced when we are Justified by Faith

**We find God's peace when we have
assurance of our salvation.**



1.
What is this Peace
that Surpasses all Understanding?

(d) Peace Experienced
When we are Assured of
His Forgiveness and Acceptance

**1.
What is this Peace
that Surpasses all Understanding?**

**(d) Peace Experienced When we are Assured
of His Forgiveness and Acceptance**

**When we are assured of God's
forgiveness and acceptance,
we experience the peace of God.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(d) Peace Experienced When we are Assured
of His Forgiveness and Acceptance**

**We often do not find peace within us
when we fear judgement,
consequences and rejection
because of our sins.**

Genesis 3:10 (NIV)

**10 “I heard you in the garden
and I was afraid...”**

**1.
What is this Peace
that Surpasses all Understanding?**

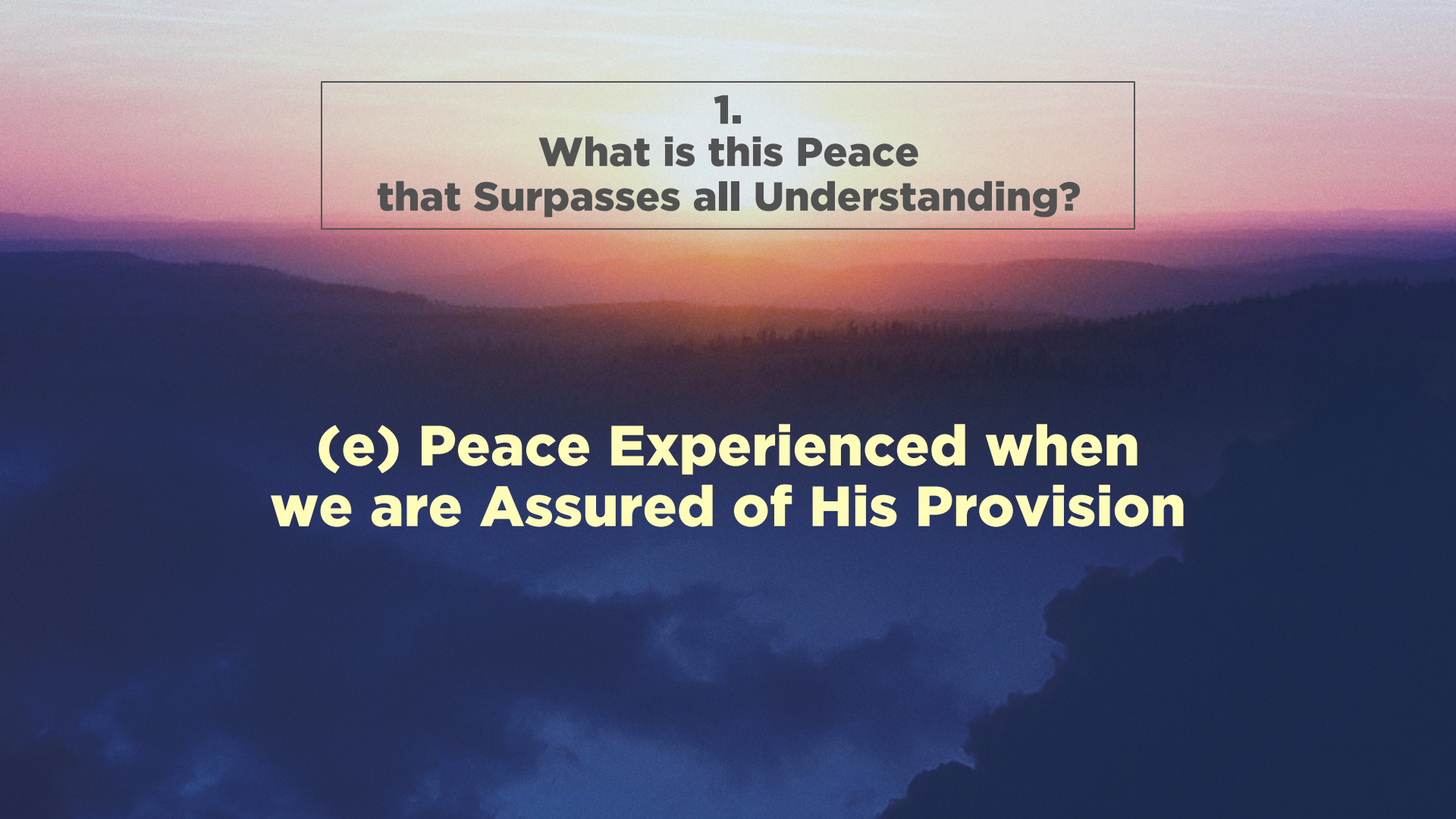
**(d) Peace Experienced When we are Assured
of His Forgiveness and Acceptance**

**We live our lives in confidence,
but not carelessly.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(d) Peace Experienced When we are Assured
of His Forgiveness and Acceptance**

**The peace of God that surpasses
all understanding is one that we
experience when we are confident of
our eternal future and also assured of
God's forgiveness and acceptance.**



1.
What is this Peace
that Surpasses all Understanding?

(e) Peace Experienced when
we are Assured of His Provision

**1.
What is this Peace
that Surpasses all Understanding?**

**(e) Peace Experienced when
we are Assured of His Provision**

**One more thing that we are commonly
anxious about – it is about what we
have and what we lack in earthly
possessions.**

Matthew 6: 25-27 (NIV)

25 “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes?”

Matthew 6: 25-27 (NIV)

- 26** Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?
- 27** Can any one of you by worrying add a single hour to your life?

**1.
What is this Peace
that Surpasses all Understanding?**

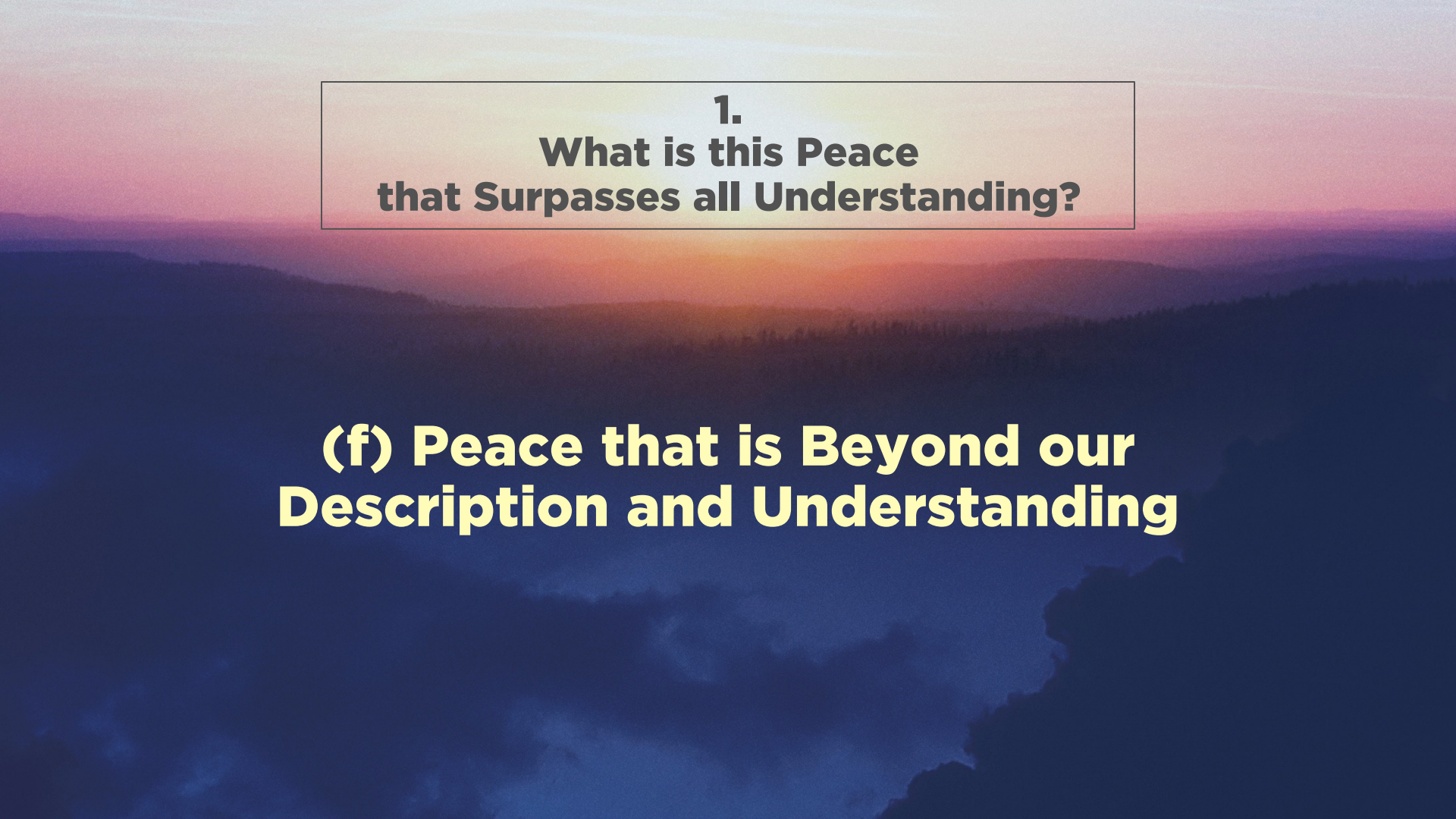
**(e) Peace Experienced when
we are Assured of His Provision**

**Worry about provision and
discontentment will make people feel
that they lack something all the time.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(e) Peace Experienced when
we are Assured of His Provision**

**This striving and toiling will often
rob people of their peace within.**



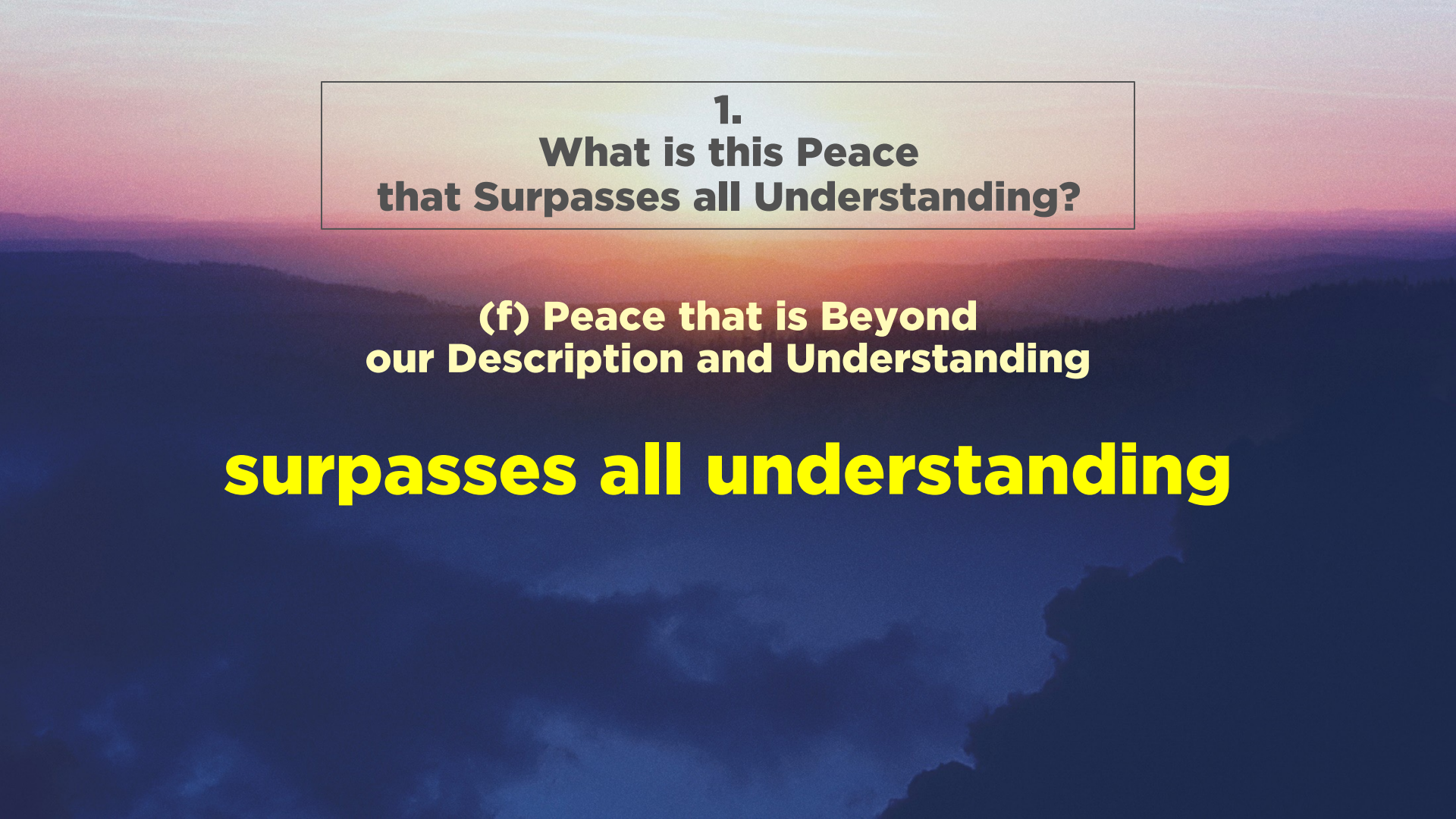
1.
**What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond our
Description and Understanding**

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

**Despite all my best efforts to describe
it, this peace is beyond what we can
fully describe or understand.**



**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

surpasses all understanding

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

**While we might not fully understand
nor describe this peace, we can
receive this peace from God.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

**“peace of God that
surpasses all understanding”**

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

It is a peace:

- that we will experience when we are assured of our salvation.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

It is a peace:

- that we will experience when we are assured of God's acceptance and forgiveness.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

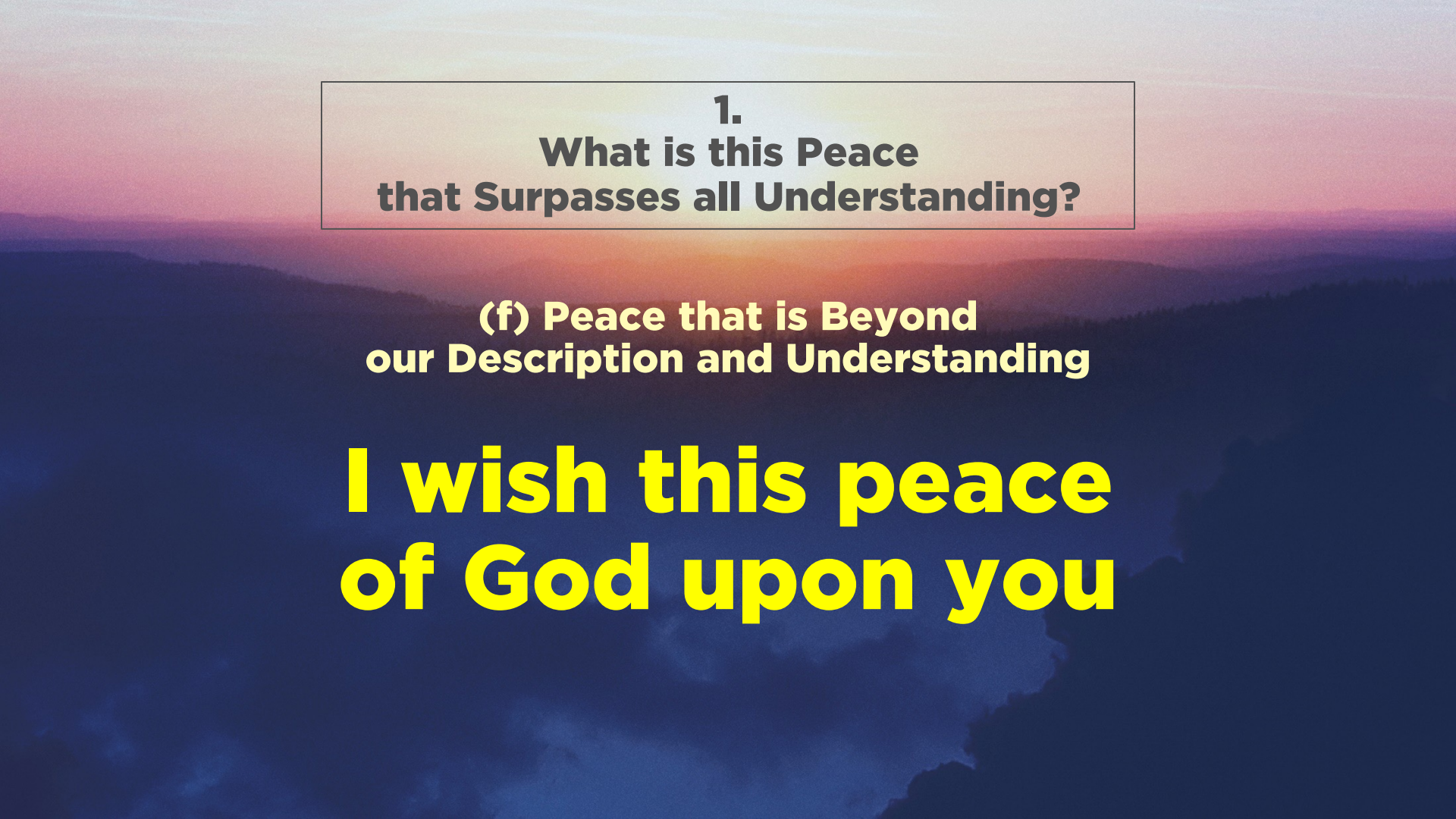
It is a peace:

- that we will experience when we are assured of God's provision.**

**1.
What is this Peace
that Surpasses all Understanding?**

**(f) Peace that is Beyond
our Description and Understanding**

**While we can never fully understand
this peace, we can receive this peace
from God.**



**1.
What is this Peace
that Surpasses all Understanding?**

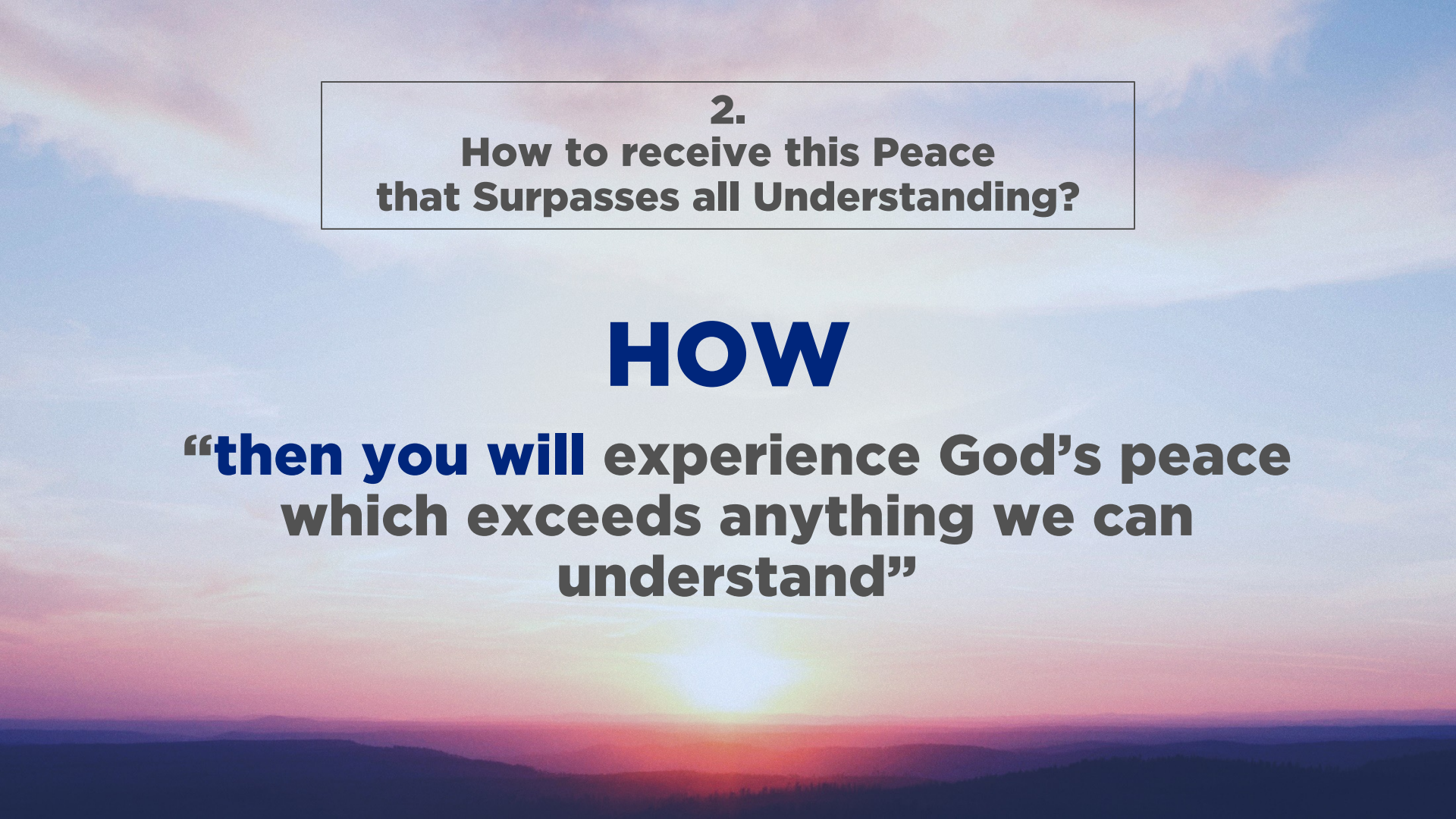
**(f) Peace that is Beyond
our Description and Understanding**

**I wish this peace
of God upon you**

The background of the image is a scenic landscape at sunset or sunrise. The sky is filled with soft, wispy clouds in shades of blue, purple, and pink. The sun is a bright, glowing orb positioned in the lower center of the frame, casting a warm, golden light across the horizon. Below the horizon, the silhouettes of rolling hills and mountains are visible against the colorful sky.

2.

**How to receive this Peace
that Surpasses all Understanding?**



2.
How to receive this Peace
that Surpasses all Understanding?

HOW

**“then you will experience God’s peace
which exceeds anything we can
understand”**

2.
**How to receive this Peace
that Surpasses all Understanding?**

**(a) Rejoice and Delight
in the Lord's Presence**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(a) Rejoice and Delight in the Lord's Presence

**rejoicing as “to feel great joy
or great delight”**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(a) Rejoice and Delight in the Lord's Presence

**“to rejoice in the Lord” is to “delight
and gladden ourselves in Him”**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(a) Rejoice and Delight in the Lord's Presence

**What does it mean to
rejoice in the Lord or
to take delight in Him?**

Isaiah 61:10 (NIV)

¹⁰ I delight greatly in the Lord; my soul rejoices in my God. For he has clothed me with garments of salvation and arrayed me in a robe of his righteousness, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels.

2.
**How to receive this Peace
that Surpasses all Understanding?**

(a) Rejoice and Delight in the Lord's Presence

**To delight in God is to enjoy Him
and find joy being with Him.**

Psalm 63:1-5 (NIV)

¹ You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you, in a dry and parched land where there is no water. ² I have seen you in the sanctuary and beheld your power and your glory.

Psalm 63:1-5 (NIV)

**³ Because Your love is better than life,
my lips will glorify You. ⁴ I will praise You
as long as I live, and in Your name I will lift up
my hands. ⁵ I will be fully satisfied as with
the richest of foods; with singing lips
my mouth will praise You.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(a) Rejoice and Delight in the Lord's Presence

**We should also delight in
His Commandments.**



2.
**How to receive this Peace
that Surpasses all Understanding?**

(b) Delight in the Lord's Commandments

Psalm 119:35 (NIV)

**35 Direct me in the path of your commands,
for there I find delight.**

Psalm 1:1-2 (NIV)

¹ Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers, ² but whose delight is in the law of the Lord, and who meditates on his law day and night.

2.
**How to receive this Peace
that Surpasses all Understanding?**

(b) Delight in the Lord's Commandments

**When we delight in God's
commandments and walk in the ways
of God, we live righteous lives and
that is when we experience
the peace of God.**

Isaiah 32:17 (NIV)

17 The fruit of that righteousness will be peace; its effect will be quietness and confidence forever

A dark, moody landscape with a rainbow visible on the horizon over a body of water. The sky is a deep blue with some lighter clouds, and the water reflects the colors of the rainbow. The overall tone is somber and contemplative.

Isaiah 48:22 (NIV)

**22 “There is no peace,” says the Lord,
“for the wicked.”**

Philippians 4:8-9 (NKJV)

8 Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy—meditate on these things.

Philippians 4:8-9 (NKJV)

9 The things which you learned and received and heard and saw in me, these do, and the God of peace will be with you.

2.
**How to receive this Peace
that Surpasses all Understanding?**

(b) Delight in the Lord's Commandments

**If we want the peace of God, learn to
delight in the commandments of God
and find joy in walking in His ways.**

Philippians 4:4 (NKJV)

**4 Rejoice in the Lord always.
Again I will say, rejoice!**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(b) Delight in the Lord's Commandments

**Rejoicing in the Lord and finding
delight in God is not just in good times,
but to do so always even in mundane
times and difficult times.**

2 Corinthians 12:10 (NIV)

**10 That is why, for Christ's sake, I delight
in weaknesses, in insults, in hardships,
in persecutions, in difficulties.
For when I am weak, then I am strong.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(b) Delight in the Lord's Commandments

**Now, how does rejoicing and finding
delight in God and His commandments
lead to the peace that God promised?**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(b) Delight in the Lord's Commandments

**That is to bring our prayers and
petitions before God.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

**(c) Bringing our Prayers and
Petitions before God**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

⁶ Do not fret or have any anxiety about anything, but in every circumstance and in everything, by prayer and petition (definite requests), with thanksgiving, continue to make your wants known to God.

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

**When we do not have any anxiety
about anything, we experience peace.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

**The verse differentiated
prayer and petition.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

**Paul taught that we need to do this for
everything and in every circumstance.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

**We can and should come before Him in
prayer and petition for everything and
in every circumstance.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

**We are to bring our prayers and
petitions in a posture of thanksgiving.**

2.
**How to receive this Peace
that Surpasses all Understanding?**

(c) Bringing our Prayers and Petitions before God

**How does delighting in God and
bringing our prayers and petition
before Him usher in the peace that
surpasses all understanding?**

Matthew 11:28-30 (NIV)

- 28** “Come to me, all you who are weary and burdened, and I will give you rest.
- 29** Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.
- 30** For my yoke is easy and my burden is light.”

The background of the slide is a scenic landscape photograph. It shows a range of dark, silhouetted mountains or hills in the foreground and middle ground. The sky is filled with soft, wispy clouds, and the colors transition from a deep blue at the top to a warm orange and yellow near the horizon, where the sun is setting or rising. The overall mood is serene and contemplative.

CONCLUSION