



OVERCOMING

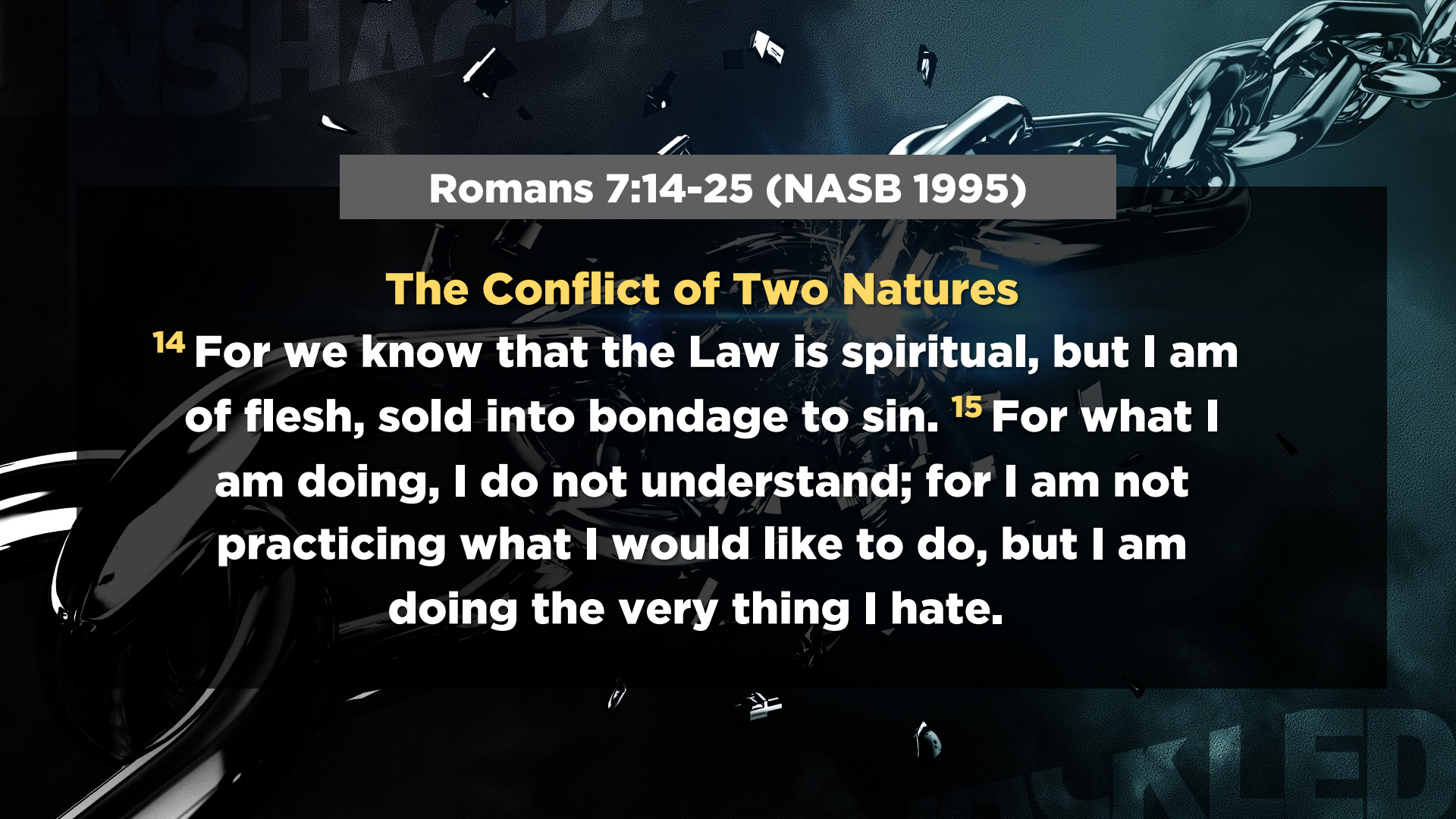
THE BONDAGE OF SIN

ROMANS 7:14-25 & ROMANS 8:1-14

Elder James Lee • 10 September 2023

Introduction

- All of us struggle with sin.**
- As believers, we have the indwelling of the Holy Spirit in us.**
- At the same time, our “flesh” or “sinful nature” is still powerful enough to prevent us from doing what we want to do in our hearts.**



Romans 7:14-25 (NASB 1995)

The Conflict of Two Natures

¹⁴ For we know that the Law is spiritual, but I am of flesh, sold into bondage to sin. ¹⁵ For what I am doing, I do not understand; for I am not practicing what I would like to do, but I am doing the very thing I hate.

Romans 7:14-25 (NASB 1995)

¹⁶ But if I do the very thing I do not want to do, I agree with the Law, confessing that the Law is good. ¹⁷ So now, no longer am I the one doing it, but sin which dwells in me. ¹⁸ For I know that nothing good dwells in me, that is, in my flesh; for the willing is present in me, but the doing of the good is not.

Romans 7:14-25 (NASB 1995)

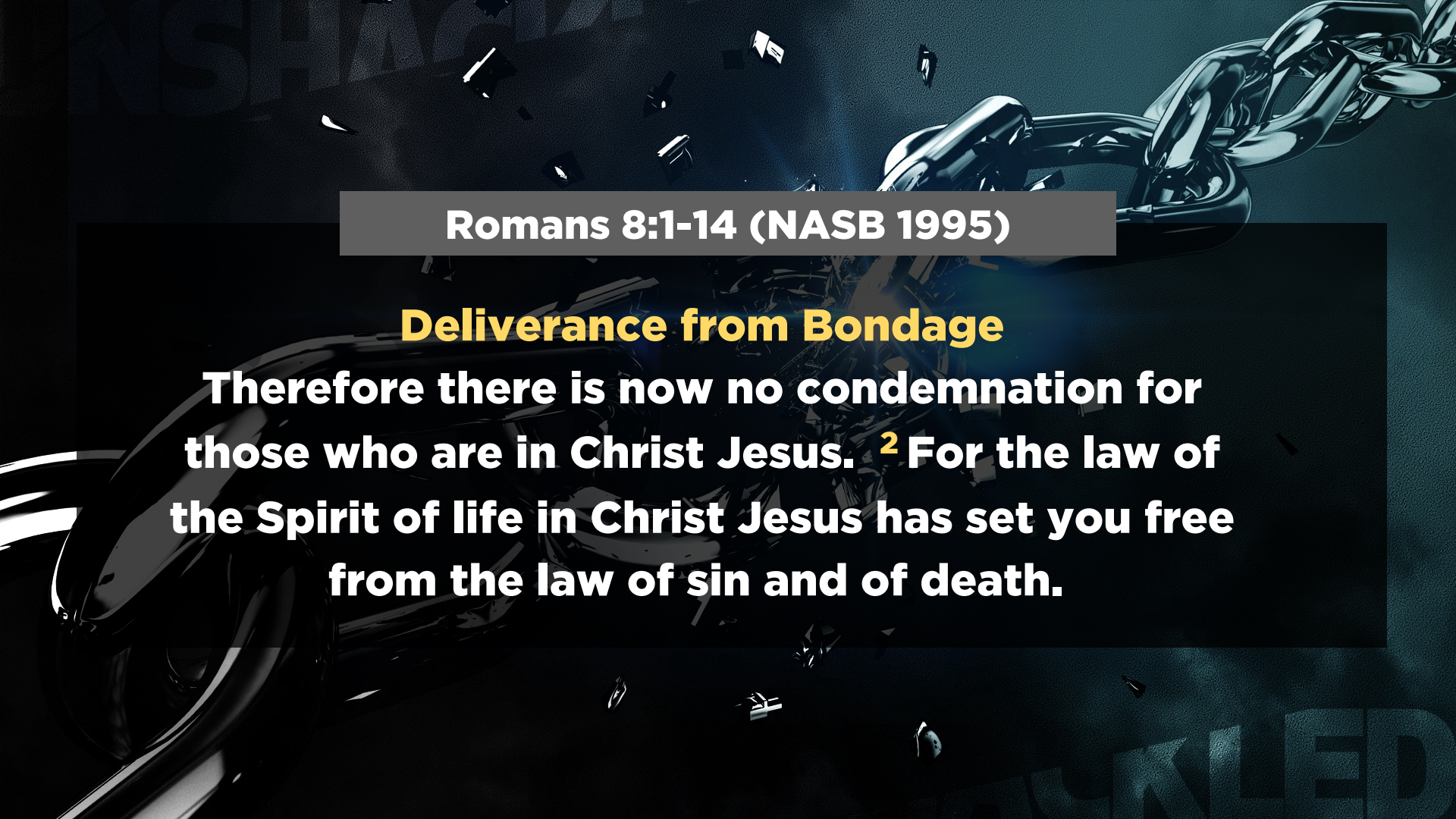
¹⁹ For the good that I want, I do not do, but I practice the very evil that I do not want. ²⁰ But if I am doing the very thing I do not want, I am no longer the one doing it, but sin which dwells in me. ²¹ I find then the principle that evil is present in me, the one who wants to do good.

Romans 7:14-25 (NASB 1995)

22 For I joyfully concur with the law of God in the inner man, **23** but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members.

Romans 7:14-25 (NASB 1995)

24 Wretched man that I am! Who will set me free from the body of this death? 25 Thanks be to God through Jesus Christ our Lord! So then, on the one hand I myself with my mind am serving the law of God, but on the other, with my flesh the law of sin.



Romans 8:1-14 (NASB 1995)

Deliverance from Bondage

Therefore there is now no condemnation for those who are in Christ Jesus. ² For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death.

Romans 8:1-14 (NASB 1995)

³ For what the Law could not do, weak as it was through the flesh, God did: sending His own Son in the likeness of sinful flesh and as an offering for sin, He condemned sin in the flesh, ⁴ so that the requirement of the Law might be fulfilled in us, who do not walk according to the flesh but according to the Spirit.

Romans 8:1-14 (NASB 1995)

⁵ For those who are according to the flesh set their minds on the things of the flesh, but those who are according to the Spirit, the things of the Spirit. ⁶ For the mind set on the flesh is death, but the mind set on the Spirit is life and peace,

Romans 8:1-14 (NASB 1995)

⁷ because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, ⁸ and those who are in the flesh cannot please God.

Romans 8:1-14 (NASB 1995)

⁹ However, you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. But if anyone does not have the Spirit of Christ, he does not belong to Him. ¹⁰ If Christ is in you, though the body is dead because of sin, yet the spirit is alive because of righteousness.

Romans 8:1-14 (NASB 1995)

¹¹ But if the Spirit of Him who raised Jesus from the dead dwells in you, He who raised Christ Jesus from the dead will also give life to your mortal bodies through His Spirit who dwells in you. ¹² So then, brethren, we are under obligation, not to the flesh, to live according to the flesh -

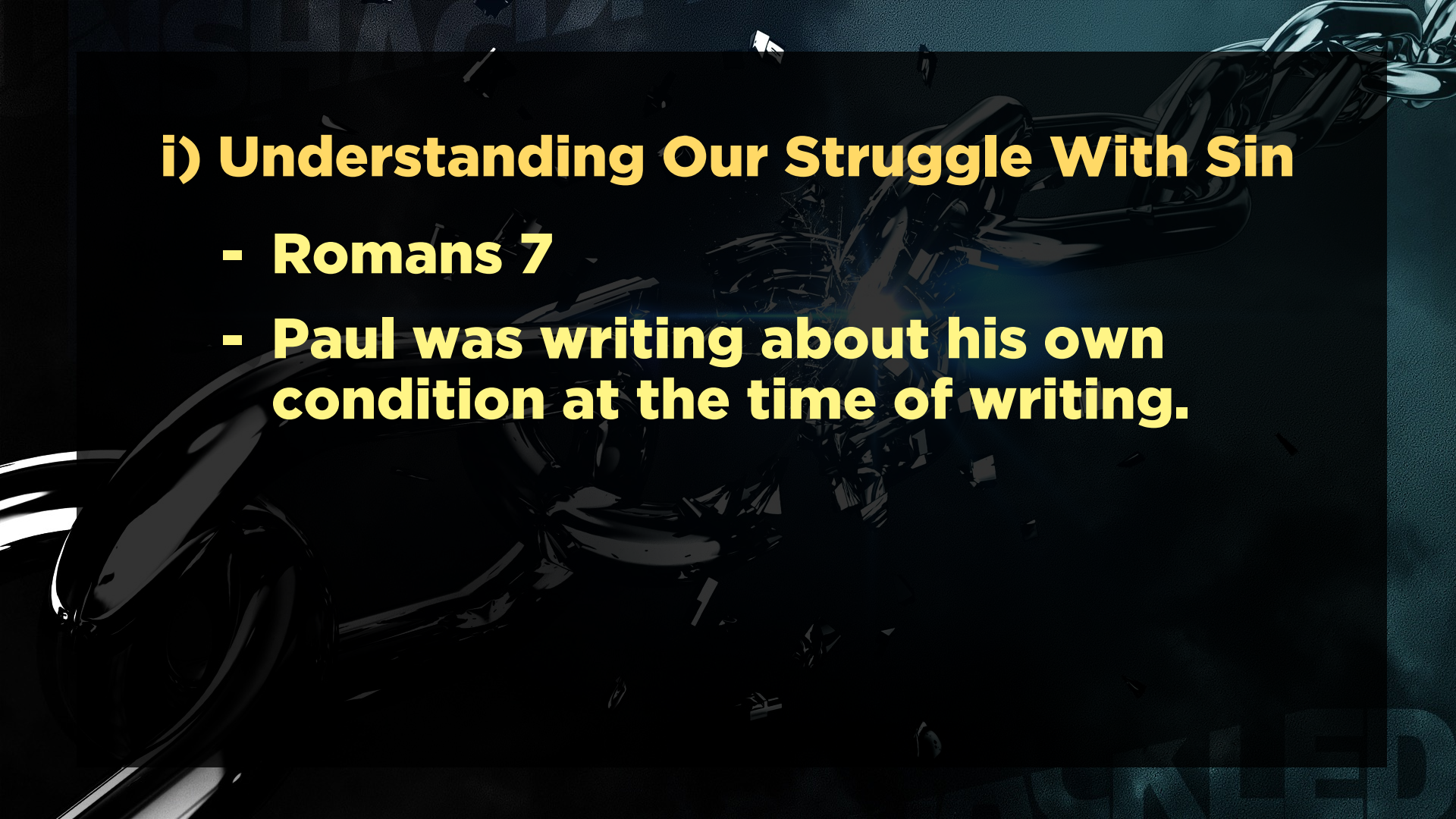
Romans 8:1-14 (NASB 1995)

13 for if you are living according to the flesh,
you must die; but if by the Spirit you are putting
to death the deeds of the body, you will
live. **14** For all who are being led by the Spirit of
God, these are sons of God.



Road Map

- i) Understanding Our Struggle With Sin**
- ii) Remembering the Work of the Cross**
- iii) Overcoming Sin with the Holy Spirit**



i) Understanding Our Struggle With Sin

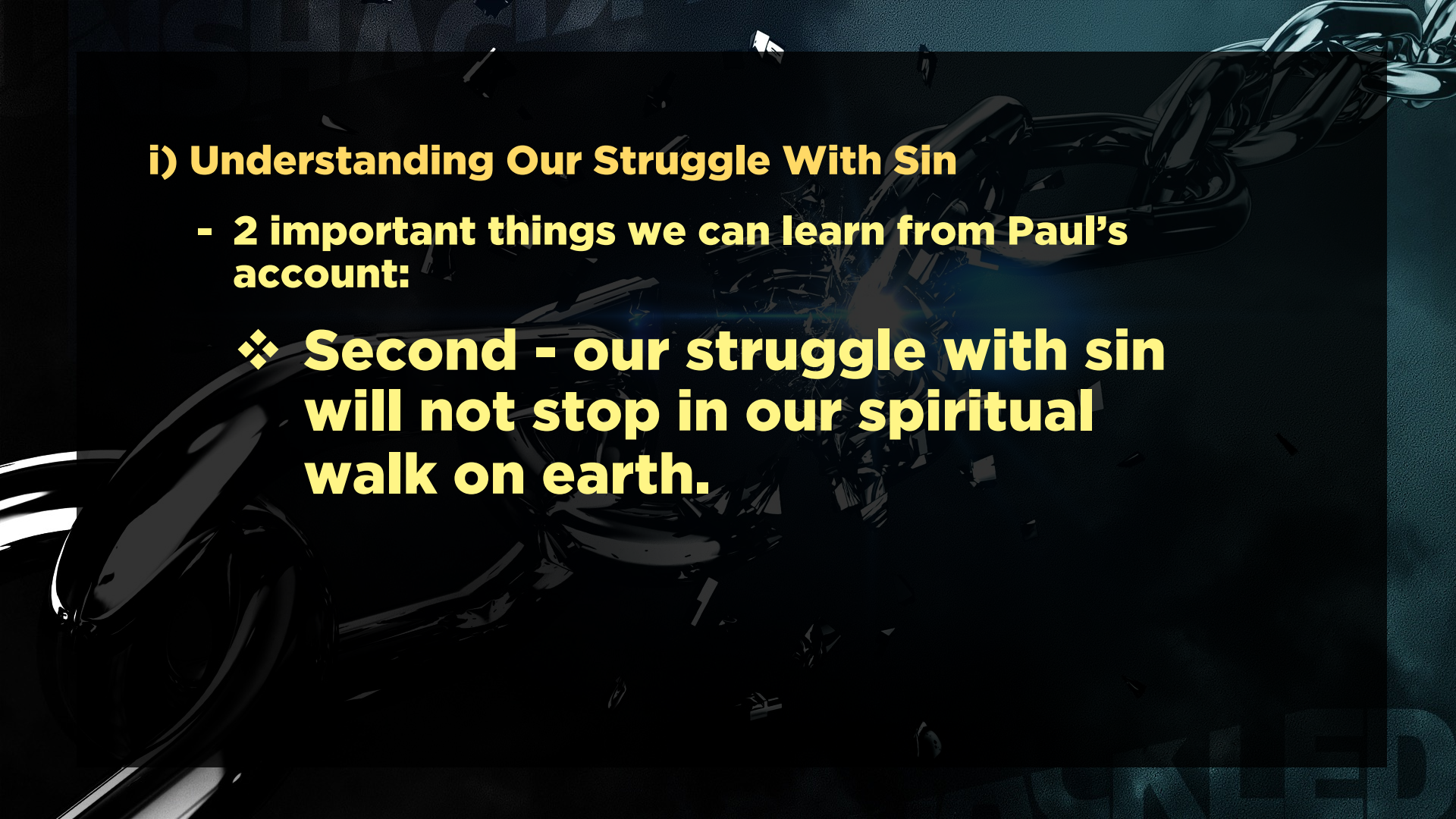
- Romans 7**
- Paul was writing about his own condition at the time of writing.**

i) Understanding Our Struggle With Sin

- Language he used was strong.**
- Showed how intensely Paul felt towards sin in his life.**

i) Understanding Our Struggle With Sin

- 2 important things we can learn from Paul's account:**
 - ❖ First - the more spiritually mature and discerning we become, the more we see of the sin in our hearts.**



i) Understanding Our Struggle With Sin

- 2 important things we can learn from Paul's account:**

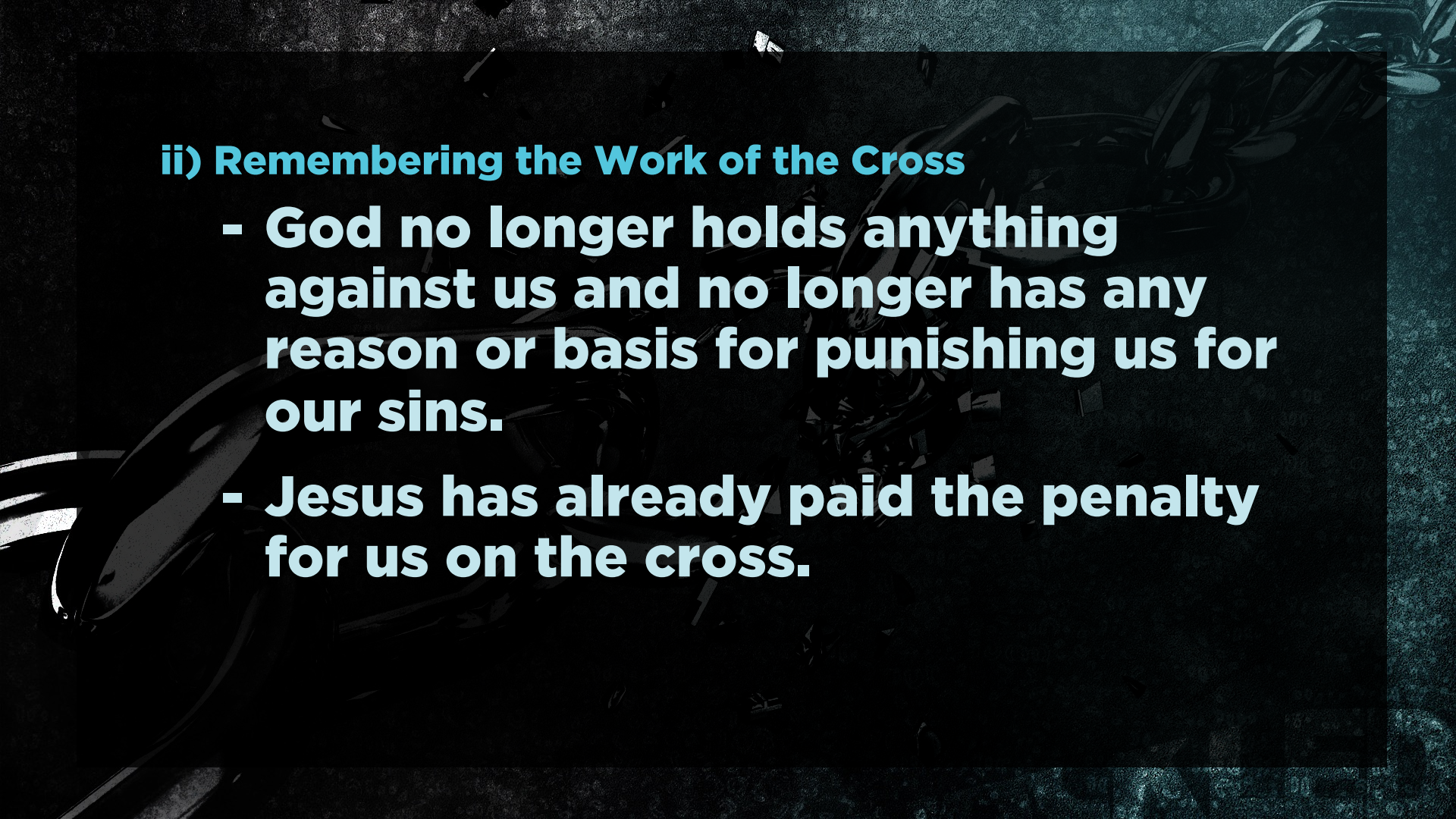
- ❖ Second - our struggle with sin will not stop in our spiritual walk on earth.**

i) Understanding Our Struggle With Sin

- Our flesh is under bondage to sin.**
- Can only be broken by the work of the Holy Spirit in us.**

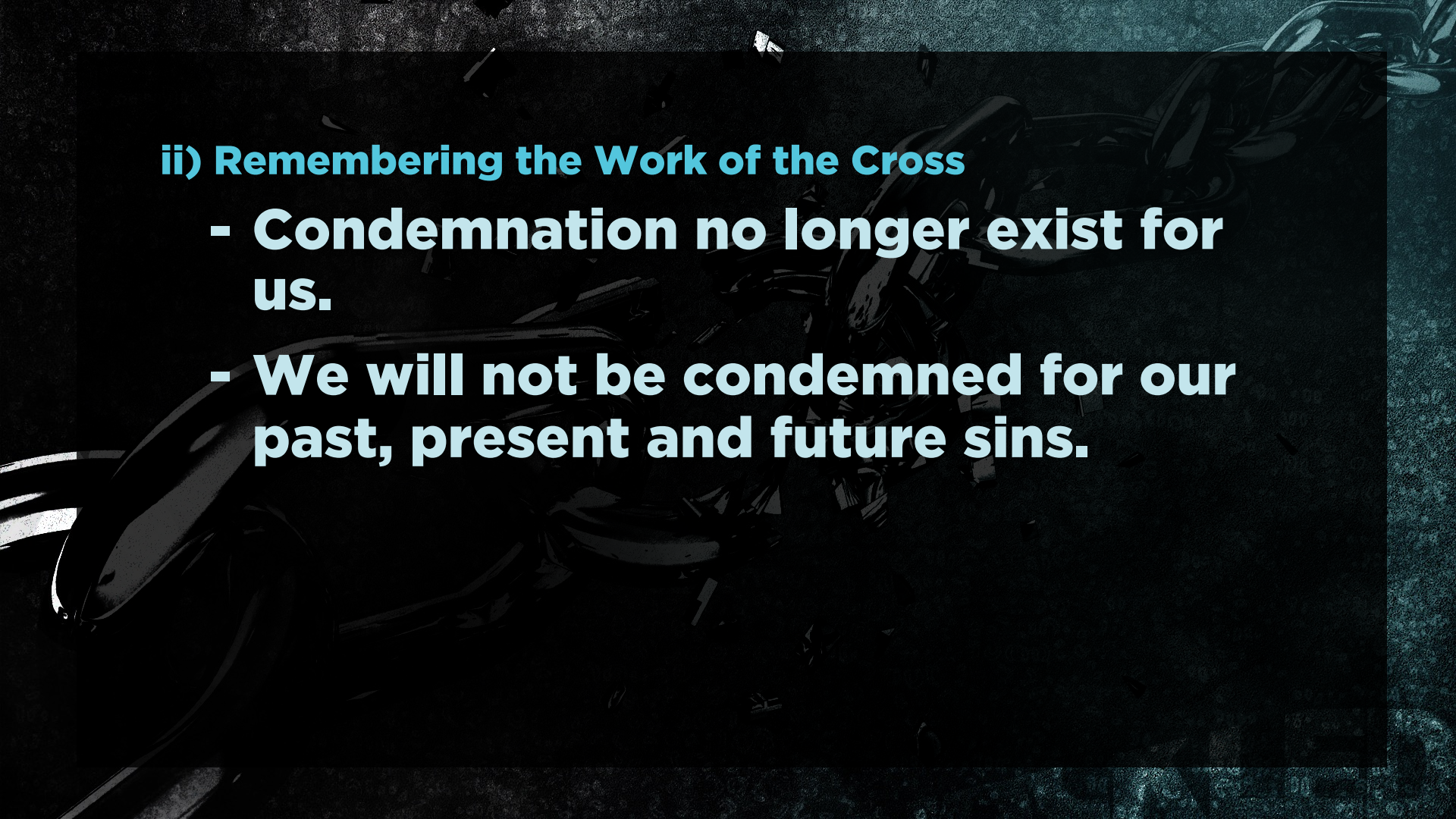
ii) Remembering the Work of the Cross

- Romans 8:1-2 - foundational statements of our faith.**
- Verse 1 - there is now no condemnation for those who are in Christ Jesus.**



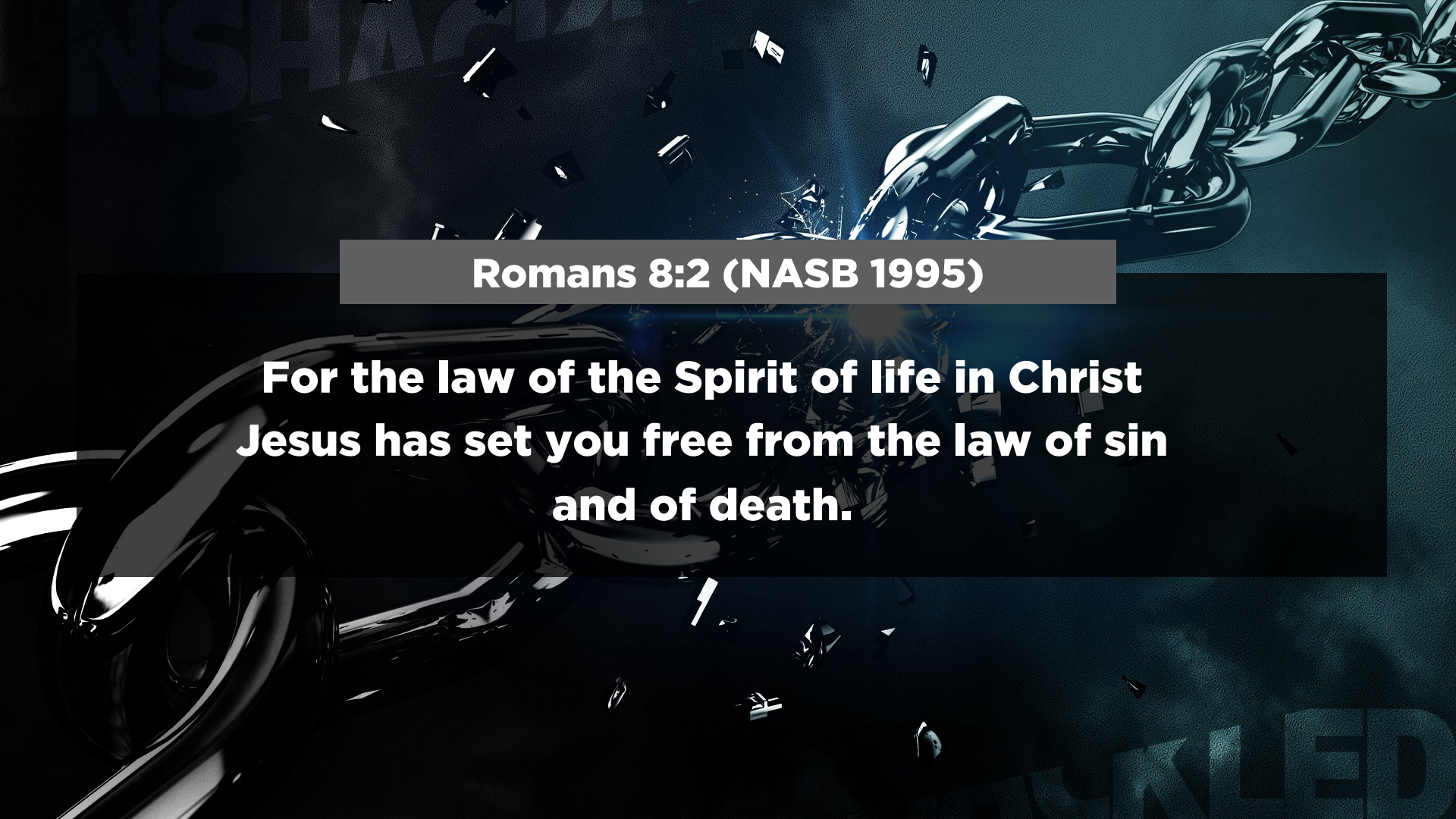
ii) Remembering the Work of the Cross

- God no longer holds anything against us and no longer has any reason or basis for punishing us for our sins.**
- Jesus has already paid the penalty for us on the cross.**



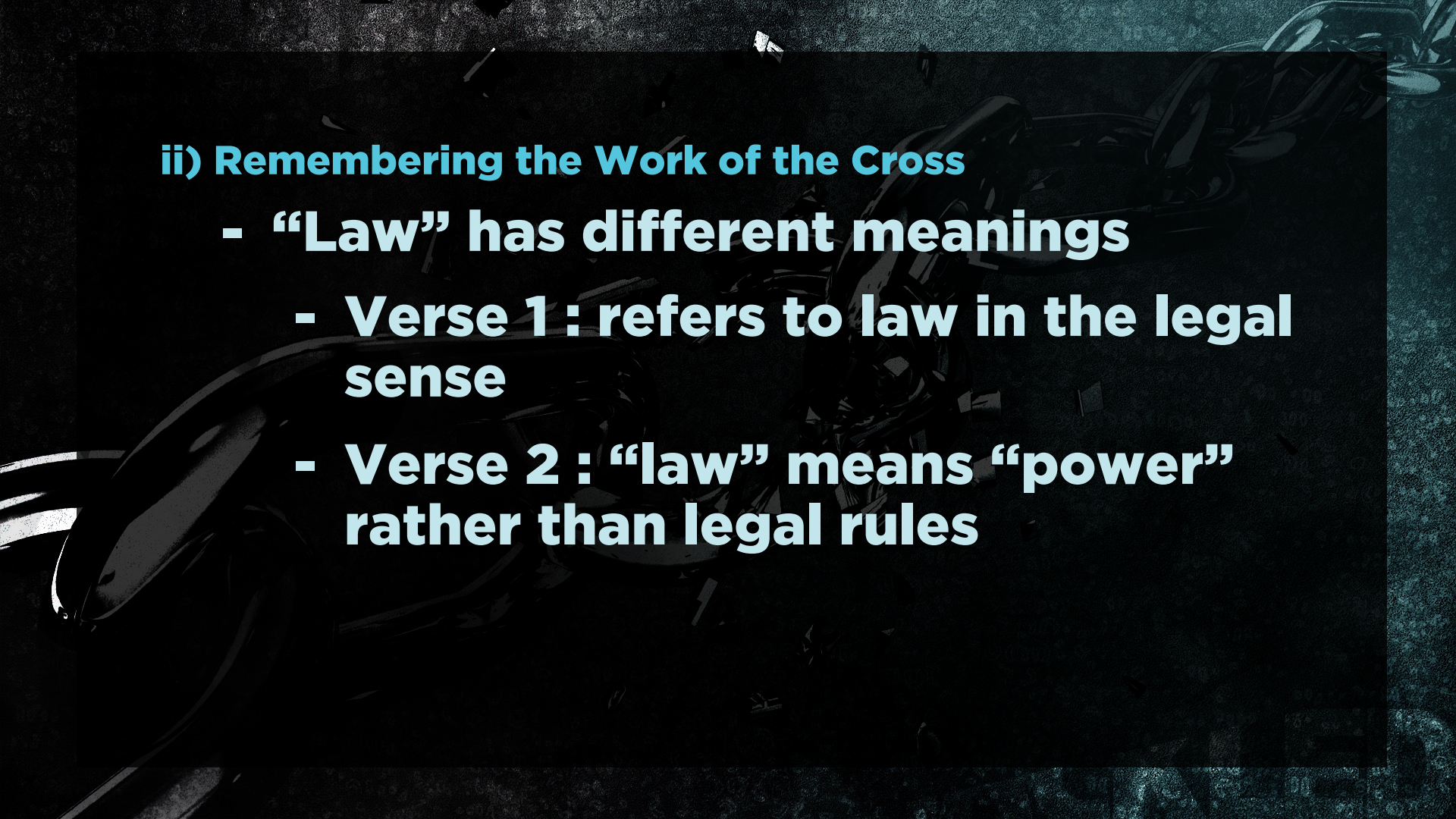
ii) Remembering the Work of the Cross

- Condemnation no longer exist for us.**
- We will not be condemned for our past, present and future sins.**



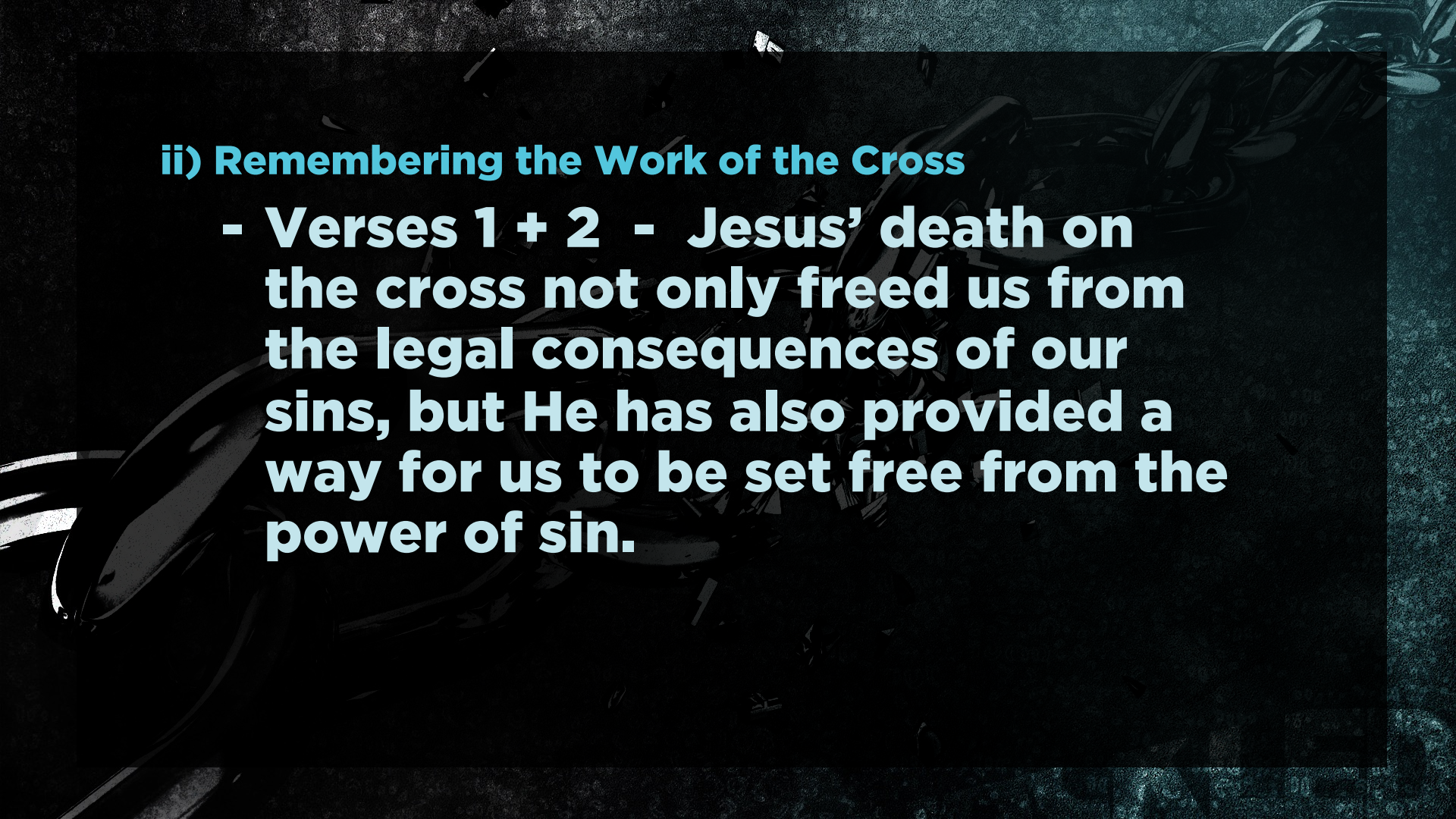
Romans 8:2 (NASB 1995)

**For the law of the Spirit of life in Christ
Jesus has set you free from the law of sin
and of death.**



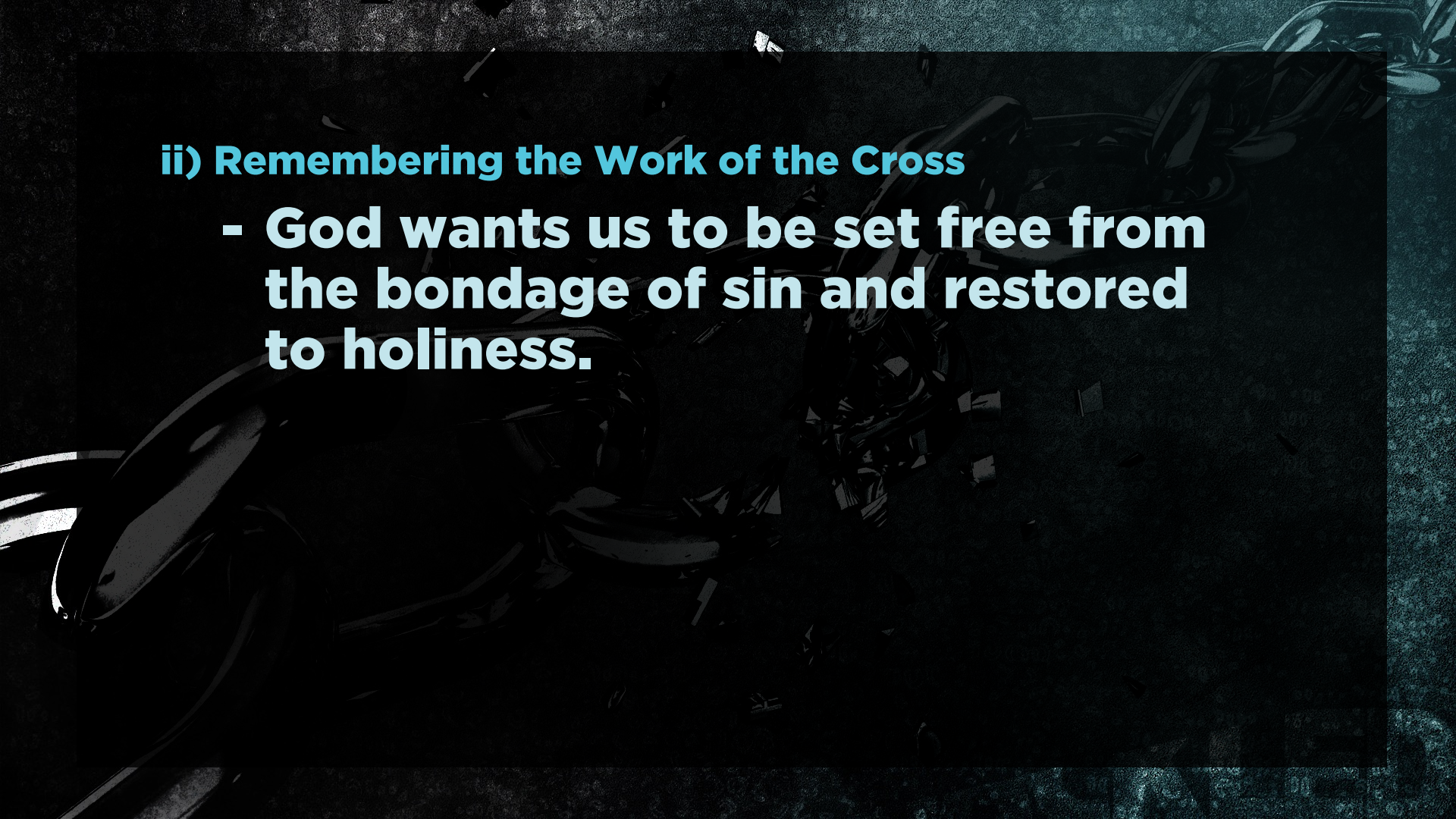
ii) Remembering the Work of the Cross

- “Law” has different meanings**
 - Verse 1 : refers to law in the legal sense**
 - Verse 2 : “law” means “power” rather than legal rules**



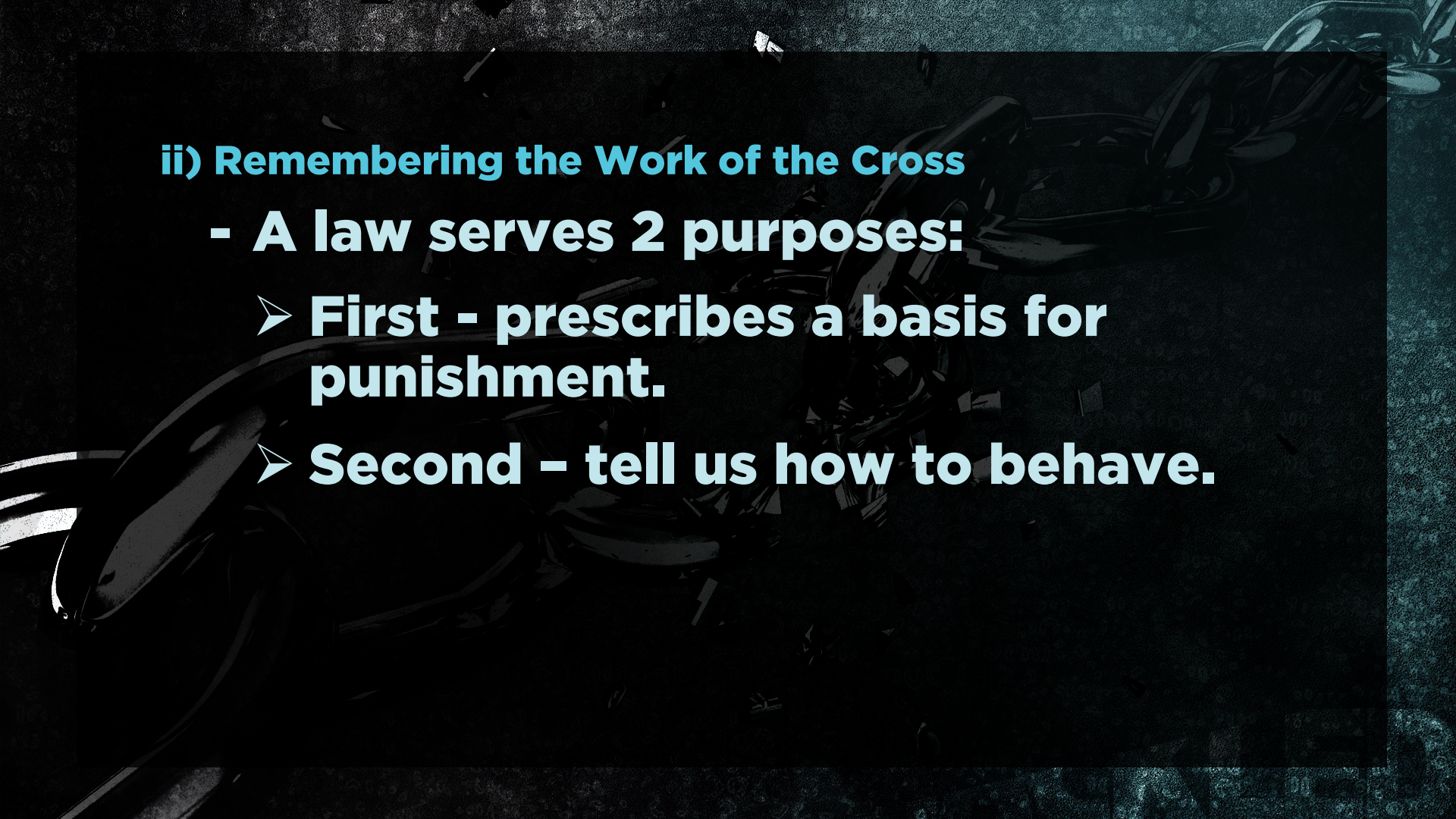
ii) Remembering the Work of the Cross

- Verses 1 + 2 - Jesus' death on the cross not only freed us from the legal consequences of our sins, but He has also provided a way for us to be set free from the power of sin.**



ii) Remembering the Work of the Cross

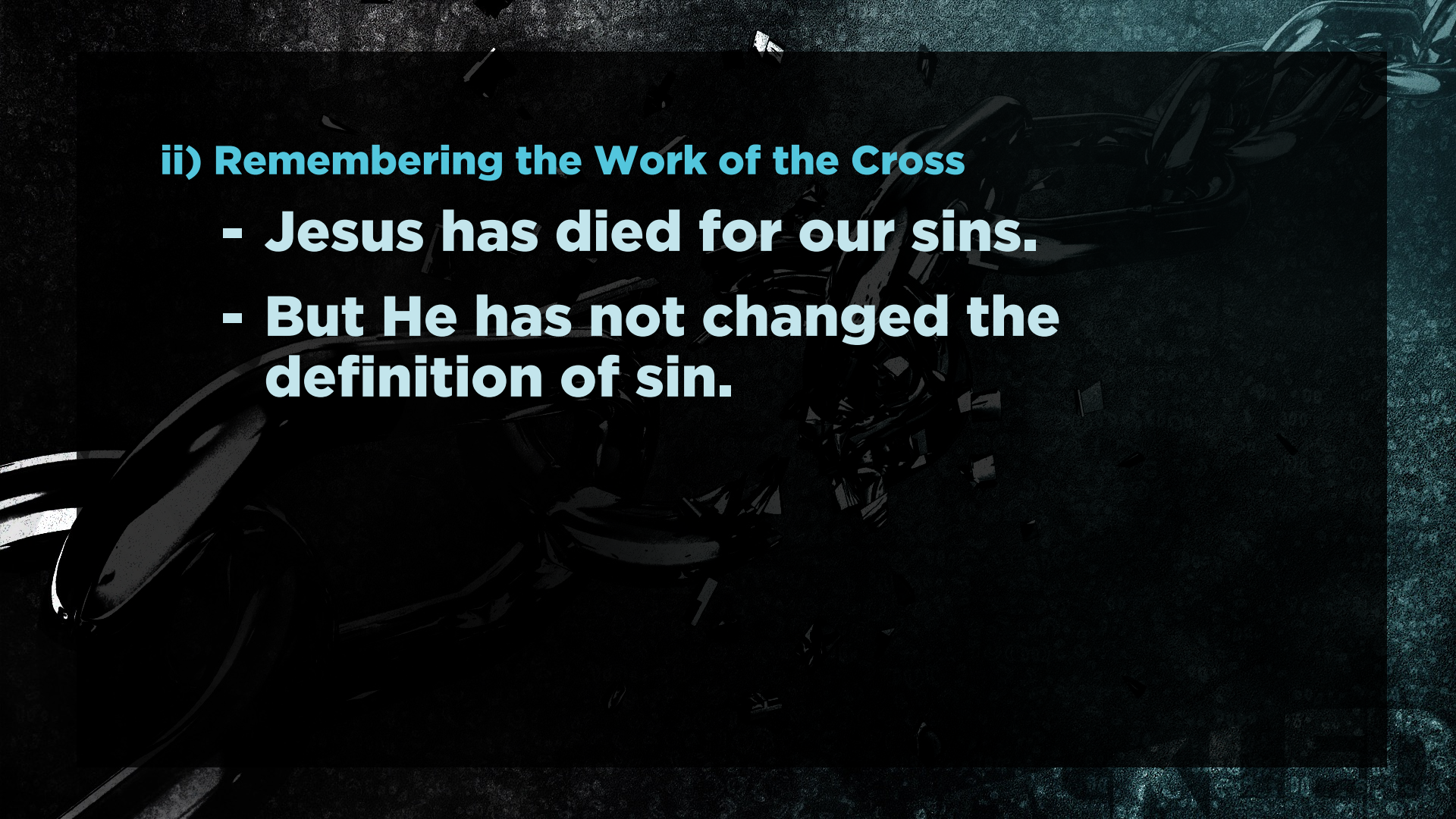
- God wants us to be set free from the bondage of sin and restored to holiness.**



ii) Remembering the Work of the Cross

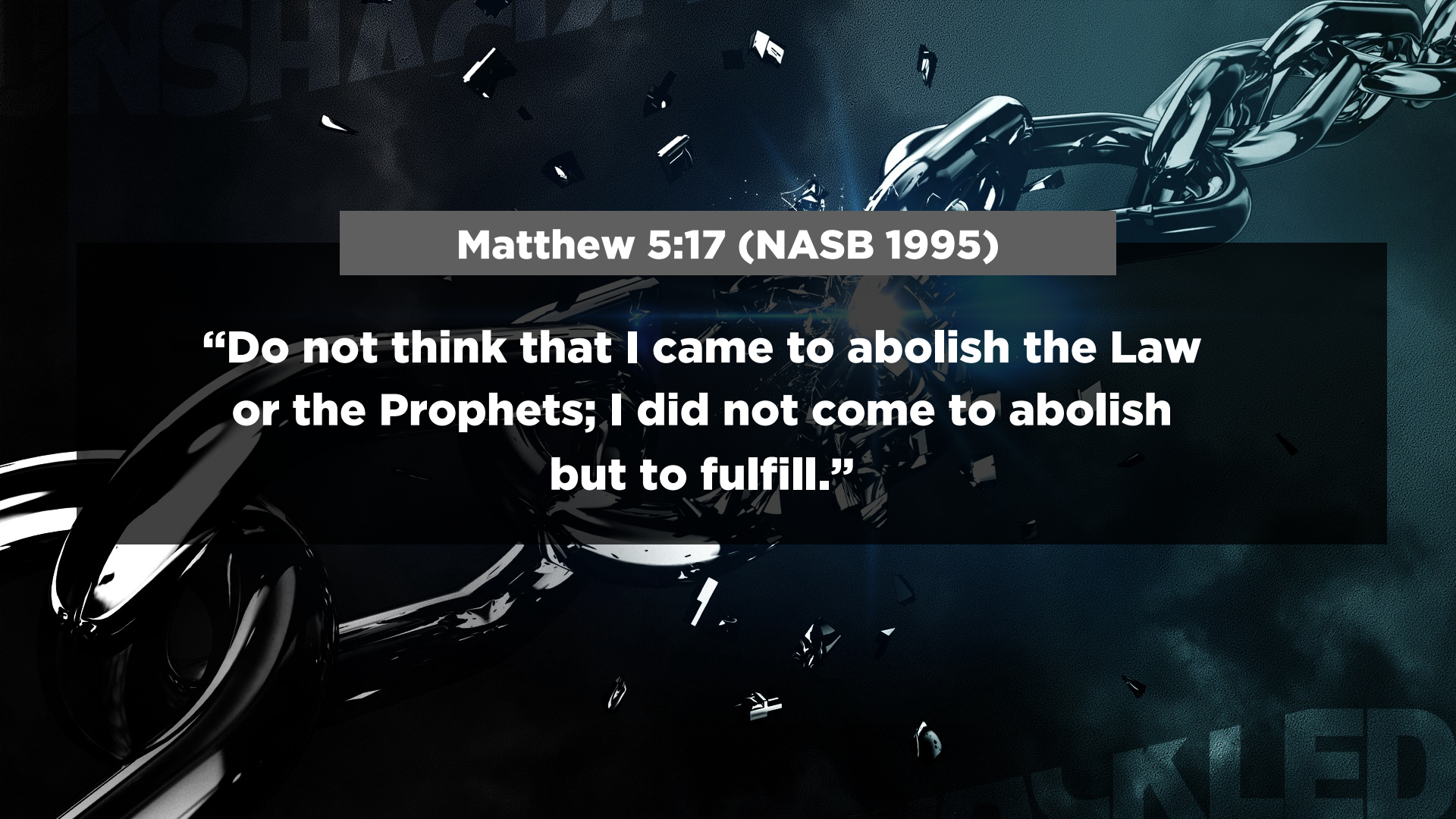
- A law serves 2 purposes:

- **First - prescribes a basis for punishment.**
- **Second - tell us how to behave.**



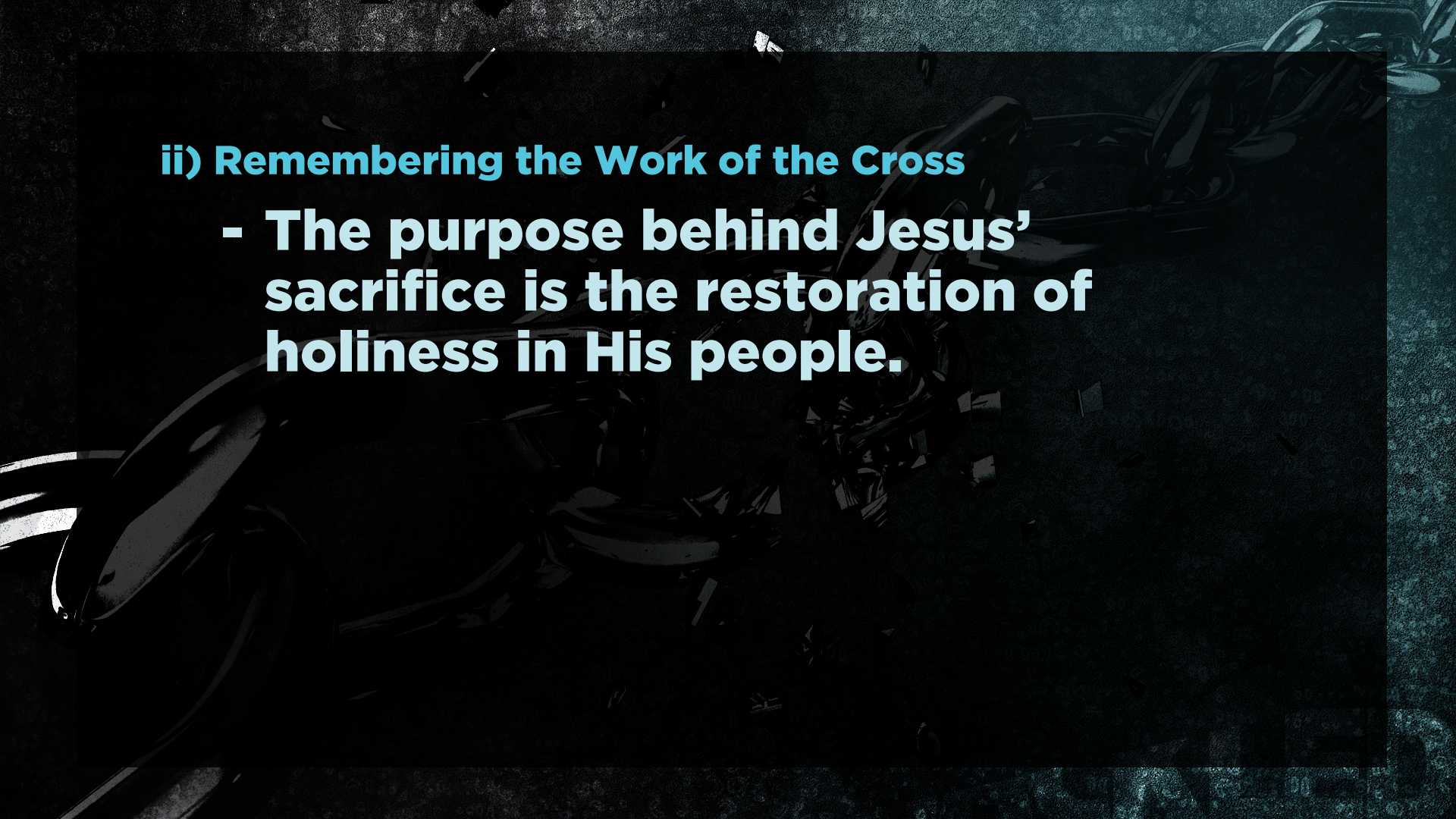
ii) Remembering the Work of the Cross

- Jesus has died for our sins.**
- But He has not changed the definition of sin.**



Matthew 5:17 (NASB 1995)

**“Do not think that I came to abolish the Law
or the Prophets; I did not come to abolish
but to fulfill.”**

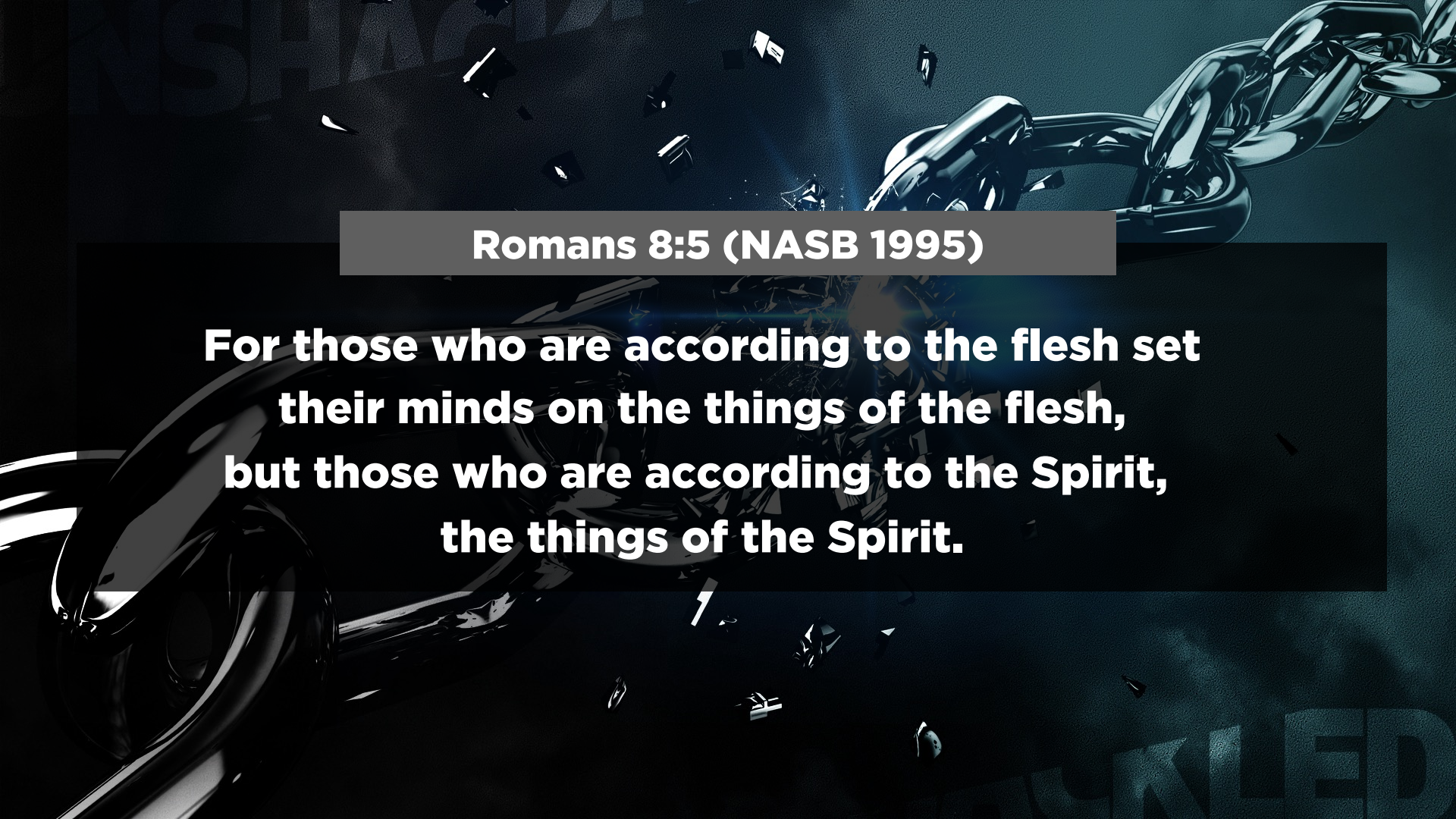


ii) Remembering the Work of the Cross

- The purpose behind Jesus' sacrifice is the restoration of holiness in His people.**

iii) Overcoming Sin with the Holy Spirit

- We can only overcome the bondage of sin in our lives through the work of the Holy Spirit.**



Romans 8:5 (NASB 1995)

**For those who are according to the flesh set
their minds on the things of the flesh,
but those who are according to the Spirit,
the things of the Spirit.**

iii) Overcoming Sin with the Holy Spirit

- We need to have our minds set on the things of the Spirit:**
 - To be focused and even preoccupied, to accord priority and importance.**
 - Devote time, energy and resources.**

iii) Overcoming Sin with the Holy Spirit

- Things of the Spirit - wisdom, love, joy, peace and other fruits of the Spirit.**
- Spiritual disciplines and spiritual truths.**

iii) Overcoming Sin with the Holy Spirit

- Paul in the context of talking about the things of the Spirit, specifically mentioned our special status as God's children.**

Romans 8:38-39 (NASB 1995)

“For I am convinced that neither death, nor life, nor angels, nor principalities, nor things present, nor things to come, nor powers,³⁹ nor height, nor depth, nor any other created thing, will be able to separate us from the love of God, which is in Christ Jesus our Lord.”

iii) Overcoming Sin with the Holy Spirit

- Paul was thinking about how much God loves us and how we are now adopted and accepted as His children.**
- Key to overcoming the bondage of sin in our lives starts with having our minds set on God's love for us.**

iii) Overcoming Sin with the Holy Spirit

- Important to constantly occupy our minds with God's love for us.**
- Easy for us to forget how much we are loved by Him.**
- Easy for us to take God's love for granted.**

iii) Overcoming Sin with the Holy Spirit

- Important to set our minds on God's love because love is a very powerful weapon against sin**
- Guard against the Devil's accusations - tempts us into committing a sin, and once He has succeeded in doing so, He condemns us.**

iii) Overcoming Sin with the Holy Spirit

- Having our minds set on God's love involve more than just thinking about His love.**
- Should also lead us to action.**
- Must also be fully committed in our hearts to rejecting sin in our lives.**

iii) Overcoming Sin with the Holy Spirit

- To put to death the deeds of the flesh means to determine in our hearts not to continue sinning.**
- It means to take practical steps not just to avoid the sin, but anything which will lead us to it.**

iii) Overcoming Sin with the Holy Spirit

- When we are not fully committed to rejecting sin in our lives, we are in effect living according to the flesh.**
- When we live according to the flesh, we cannot please God**

iii) Overcoming Sin with the Holy Spirit

- Living in the Spirit does not mean that we will no longer struggle with sin.**
- Setting our minds on the Spirit and putting to death the deeds of the flesh is a discipline we need to hone ourselves daily.**

Conclusion